

# Organizing Team

## Organizing President



Dr. V. Vijay Narasimman Reddy  
Professor, HOD,  
Dept of Orthopaedics, SBMCH.

## Organizing Chairman



Dr. K.N. Subramanian,  
Velammal Medical College &  
Vale speciality ortho clinic Madurai

## Organizing Secretary



Dr. P. Saravanan,  
Professor,  
Dept of Orthopaedics, SBMCH.

## Organizing Joint Secretary



Dr. Bhupesh Karthik,  
Secretary, TNAS,  
SBS Hospital, Hosur.

# International Speaker



Dr. Amol Tamba,  
Consultant,  
Shoulder and Elbow Surgeon,  
UK

# National Speakers



Dr. K.N. Subramanian,  
Velammal Medical College &  
Vale speciality ortho clinic Madurai



Dr. Arumugam S  
Founder President, TNAS  
Director, Centre for Sports Sciences  
SRIHER, Chennai.



Dr. Sundararajan,  
President, TNAS,  
Ganga Hospitals, Coimbatore.



Dr. Ram Chidambaram,  
MGM Hospital,  
Chennai.



Dr. Dhammapaul S. Bhamare,  
Professor,  
Dr. D Y Patil Medical College, Pune.



Dr. Clement Joseph,  
SIMS hospital,  
Chennai.



Dr. Subair Khan,  
Vice president, TNAS,  
Orthomed Hospital, Chennai.



Dr. Bhupesh Karthik,  
Secretary, TNAS,  
SBS Hospital, Hosur.



Dr. P. Saravanan,  
Professor,  
Dept of Orthopaedics, SBMCH.



Dr. P. Palanivel Rajan,  
Consultant,  
Madurai Institute of Sports Medicine



Dr. Koushik Reddy,  
Apollo Hospital,  
Hyderabad



Dr. Shyam Sundar,  
Ortho One Hospital,  
Coimbatore.



Dr. Ishwar Bohra,  
BLK Super Speciality Hospital  
New Delhi.



# SREE BALAJI MEDICAL COLLEGE & HOSPITAL

No.7, Works Road, Chromepet, Chennai - 600 044.

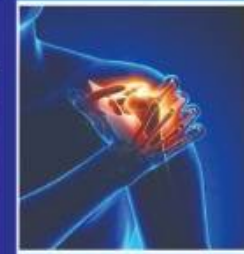


## DEPARTMENT OF ORTHOPAEDICS & MEDICAL EDUCATION UNIT

Cordially invite you for the National Conference

# “SHOULDER ARTHROSCOPY – MADE EASY”

Tamil Nadu's first live Arthroscopic Conference Post Covid



Under the Auspices of IOA, TNOA, IAS, TNAS.



Venue: T. R RAMAN HALL, 4<sup>th</sup> Floor

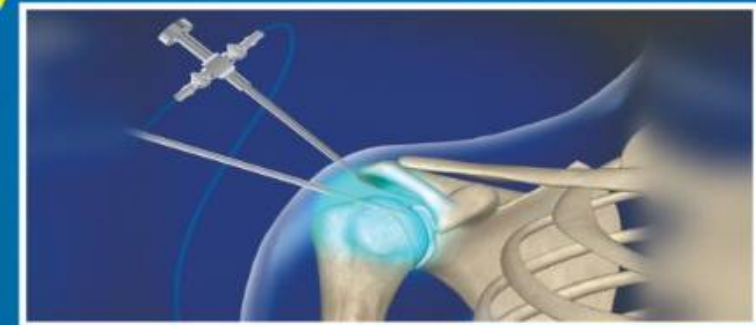
SREE BALAJI MEDICAL COLLEGE & HOSPITAL, Chennai.

Date: Saturday, 18<sup>th</sup> Dec 2021

Timings: 08.00 AM to 04.00 PM

Tamil Nadu  
Medical Council  
CME  
2 Credit Points  
Accredited

Distinguished  
National  
Faculties



ORGANIZED BY:  
DEPARTMENT OF ORTHOPEDICS  
SREE BALAJI MEDICAL COLLEGE & HOSPITAL,  
BIHER

Prof. Dr. W.M.S. Johnson  
Dean

Prof. Dr. J. Thanka  
Vice Principal

Prof. Dr. P. Sasikumar  
Medical Superintendent

Dr. Vijay Narasimman Reddy V  
H.O.D SBMCH

## CONFERENCE SCHEDULE

**7:30 AM to 8 AM – Registration**

### SESSION I

**BASIC SHOULDER ARTHROSCOPY (8 Minutes per topic)**

**8 AM to 8:45 AM**

**- Moderators: Dr. Bhupeshkarthik / Dr. Pugazhendi**

Shoulder Examination	Tips & Tricks	Dr. K.N. Subramanian
Portals & Diagnostic Arthroscopy	Pearls & Pitfalls	Dr. Koushik Reddy
Adhesive Capsulitis	Capsular Release vs Manipulation, what to prefer	Dr. Sundararajan
Impingement Syndrome	Conservative Management vs Arthroscopic Decompression	Dr. Dhammapaul S. Bhamare

### Panel Discussion

#### Live Surgery

8:45 AM to 9:45 AM

Live surgery – 1	Bankart's Repair Surgery	Dr. Sundararajan - Surgeon
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**- Moderators: Dr. K.N. Subramanian / Dr. Koushik Reddy**

**9:45 AM TO 10:15 AM - Inauguration**

**10:15 AM TO 10:30 AM – Tea Break**

### SESSION II

**INSTABILITY (8 Minutes per topic)**

**10:30 AM to 11:30 AM**

**- Moderators: Dr. Dhammapaul S. Bhamare / Dr. Madhukar**

Painful Athletic Shoulder	Management	Dr. Shyam Sundar
SLAP Tears & Para-Labral Cyst	Management	Dr. P. Saravanan
Bankart with Hill Sach's	Remplissage indications	Dr. Palanivel Rajan
Management of bony Bankart	Arthroscopic or open	Dr. Bhupeshkarthik
How to manage failures in Bankart		Dr. Ishwar Bohra

### Panel Discussion

#### Live Surgery

11.30 AM to 12.30 PM

Live surgery – 2	Bankart's Repair with Remplissage Surgery	Dr. Bhupeshkarthik - Surgeon
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**- Moderators: Dr. Subair Khan / Dr. Dhammapaul S. Bhamare**

**12:30 PM TO 1:00 PM - Lunch**

#### Live Surgery

1.00 PM to 2.00 PM

Live surgery – 3	Rotator Cuff Repair (Single Row/ Double Row) Surgery	Dr. Clement Joseph - Surgeon
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**- Moderators: Dr. Ishwar Bohra / Dr. Palanivel Rajan**

### SESSION III

**ROTATOR CUFF SERIES [8 Minutes per topic]**

**2:00 PM TO 3:00 PM**

**- Moderators: Dr. Koushik Reddy / Dr. V.Vijay Narasimma Reddy**

Partial cuff tear	Management	Dr. Subair Khan
Arthroscopic Repair vs Arthroscopic Assisted Mini-open	What do I prefer	Dr. Ram Chidambaram
Preferred technique in managing a simple cuff tear		Dr. Clement Joseph
Massive cuff tear	Treatment options	Dr. S. Arumugam
Acromio-clavicular joint arthritis	Is surgery needed	Dr. Amol Tambe

### Panel Discussion

#### Live Surgery

3.00 PM to 4.00 PM

Live surgery – 4	Rotator Cuff Repair (Single Row/ Double Row) Surgery	Dr. K.N. Subramanian - Surgeon
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**- Moderators: Dr. Sundararajan / Dr. Ram Chidambaram**

**4:00 PM TO 5:00 PM – Work Shop on arthroscopic knot tying**