

# **MONOGRAPH on Acute Respiratory Infection And Protein Energy Malnutrition**

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## **Recommendations:**

1. Marked reductions in child under-nutrition can be achieved through improvements in women's nutrition before and during pregnancy,
2. Early and exclusive breastfeeding in the first six months of life, and good quality complementary feeding with continued breastfeeding for children 6-23 months old with appropriate micro-nutrient interventions.
3. There is a need to give more focus on chronic under-nutrition in particular through specialized programmes to control nutritional deficiency.