

MONOGRAPHS
on
**1. Overview of Rabies and its
Management**
**2. Overview and Management of
Swine Flu**

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Discovery Publications

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ANTIVIRAL PROPHYLAXIS

The post exposure antiviral prophylaxis could be considered for adults and children who had close contact with a confirmed or suspected case and also fell into one of the following categories:

- Adults who are at high risk for complications of influenza
- Pregnant women and women who are up to two weeks postpartum
- Children who are <5 years of age or who are at high risk of complications of influenza
- Healthcare workers and emergency medical personnel

DOSE & REGIMENS

Oseltamivir 75 mg orally once daily for 10 days.

Zanamivir inhaled powder, 10 mg, once daily.

VACCINATION

The CDC recommends that H1N1 influenza vaccine be given to all patients from six months of age and older.