

CONCISE BOOK OF PRINCIPLES OF SHOULDER EXAMINATION

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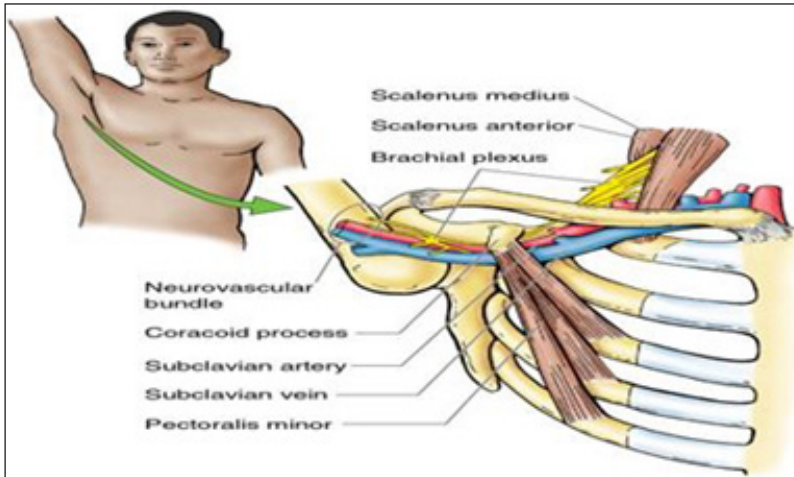
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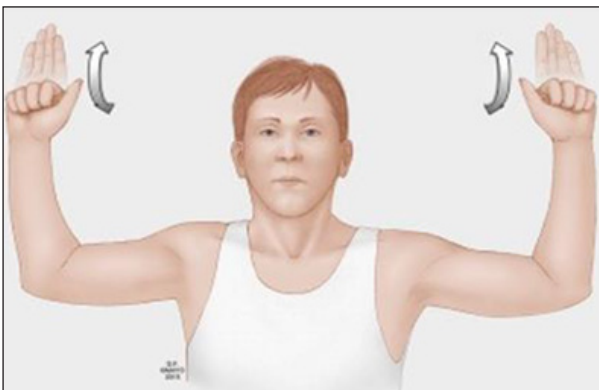
2) *WRIGHT'S MANEUVER:*

- abduction of shoulder to 90 degree and external rotation of arm



3) *ROOS TEST:*

- abduction of arm and flex elbow by 90 degree then externally rotate shoulder so that hand faces up
- clench and release fist 15 times
- paresthesia / pain/ cramps/weakness is a sign of TOS



4) HALSTED'S TEST:

- on standing with arm by the side , turn head to other side and extend neck,
- give downward traction and feel for decreased pulse

5) *HYPERABDUCTION TEST:*

- Abduction and hyperextend both arms (behind the body) simultaneously
- feel for decreased pulse on affected side