



BALAJI HERALD

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Chrompet, Chennai, Tamil Nadu, India

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**Content**

International Conference      National  
Conference      Workshop

Appointments      Publications  
Awards

*Chief In Editor*

**Dr. J.Thanka**

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**Dr. A.P. Krithika**

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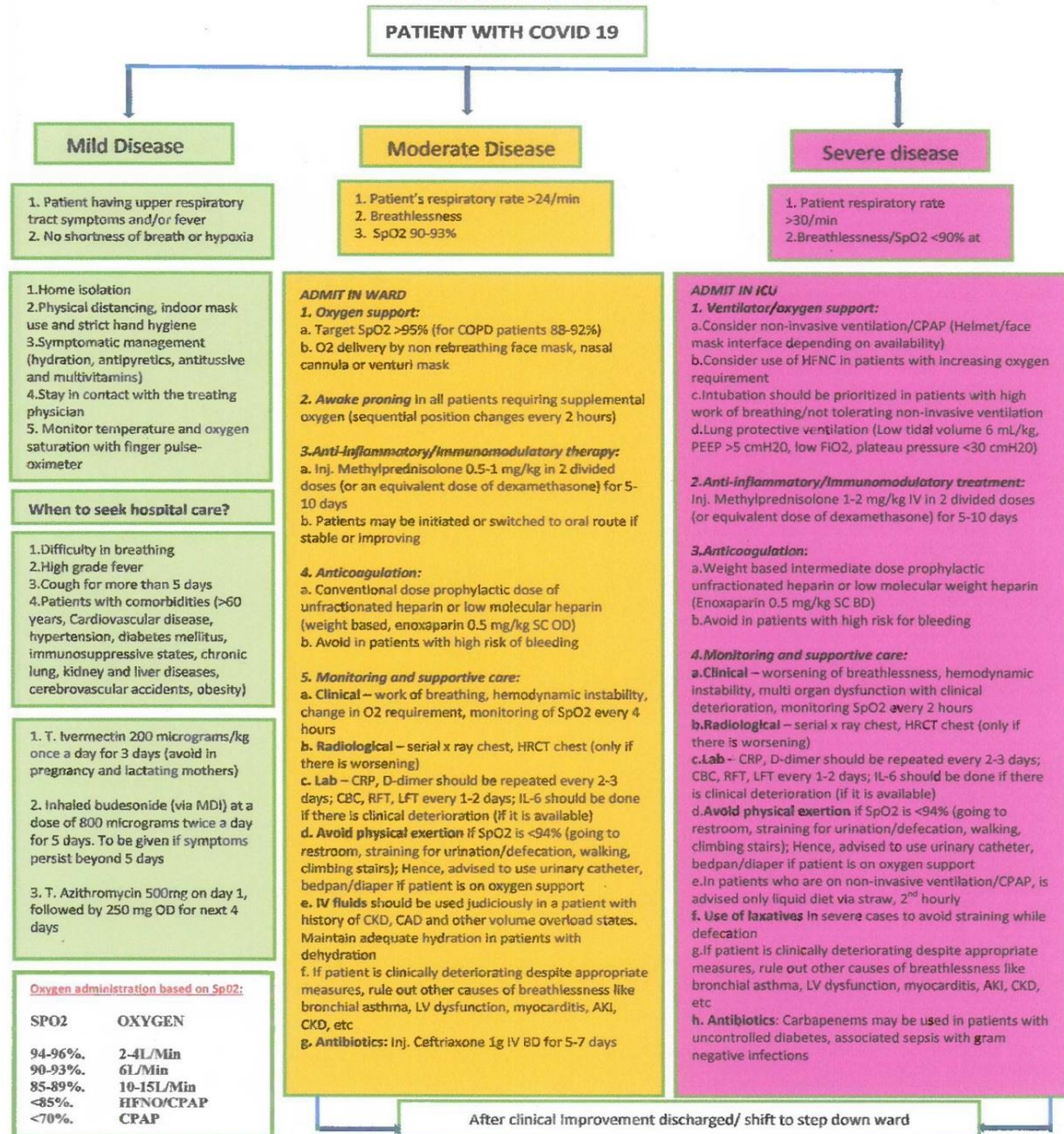
An Official Newsletter of  
**Sree Balaji Medical College and Hospital**  
Chrompet, Chennai, Tamil Nadu, India





# COVID-19 Protocol issued by Government of Tamil Nadu followed at Sree Balaji Medical College and Hospital.

## DIRECTORATE OF MEDICAL EDUCATION-TAMILNADU COVID PROTOCOL



### Emergency use authorization / off label use (based on the limited available evidence) only in specific circumstances:

#### 1. Remdesivir:

- a. May be considered only in in-patients with: Moderate-severe disease (requiring supplemental oxygen), no renal/hepatic dysfunction (eGFR<30 mL/min, AST/ALT >5 times normal → not an absolute contraindication), within 10 days of onset of symptoms  
b. Dose: 200mg IV infusion over 1 hour on day 1, followed by 100 mg IV OD for the next 4 days  
c. Not to be used in patients who are not on oxygen support or in home settings

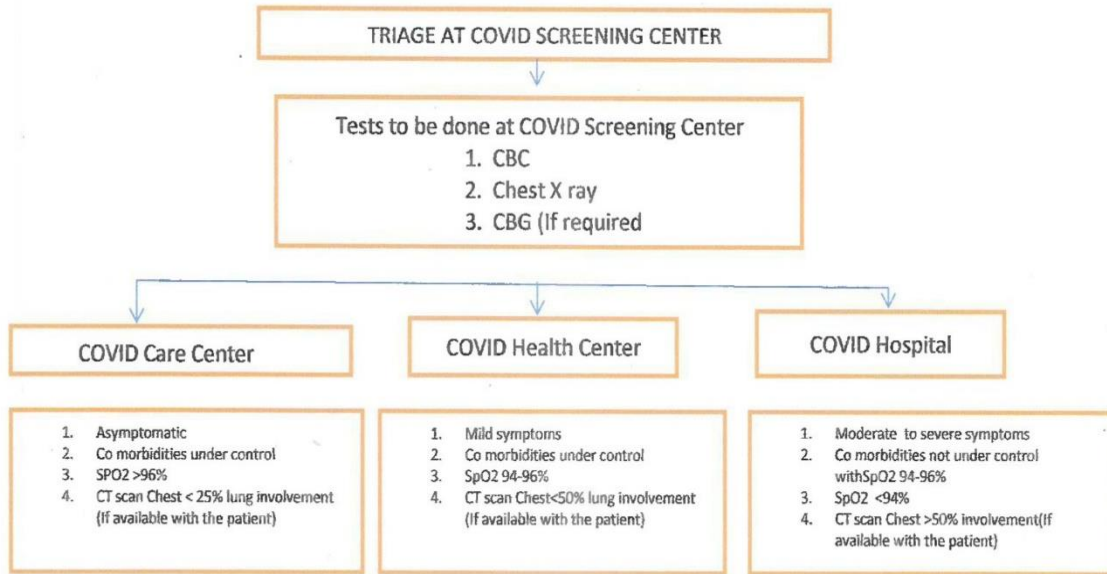
#### 2. Tocilizumab:

- a. May be considered only in in-patients with: severe disease (preferably within 1-2 days of onset of severe disease/ICU admission), significantly raised inflammatory markers (CRP, IL-6), no improvement despite use of steroids, no active bacterial/fungal/tubercular infection.  
b. Dose: 8mg/kg IV infusion over 1 hour. 4mg/kg can be repeated after 12-24 hours if needed.  
c. Not to be used in patients who are not on oxygen support or in home settings.

#### 3. Convalescent plasma:

- a. May be considered only in in-patients with: Early moderate disease (preferably within 7 days of symptom onset – no use after 7 days).

**DIRECTORATE OF MEDICAL EDUCATION-TAMILNADU**  
**COVID PROTOCOL**



### COVID 19 MANAGEMENT TEAM –SBMCH

S.No	DEPARTMENT	PERSON IN CHARGE
1	DEAN	DR. WMS. JOHNSON
2	COVID TEAM INCHARGE	DR. P. SASI KUMAR
3	EMERGENCY CONTACTS	DR SRIDHARA NARAYANAN DR. GOPI AYYASWAMY
4	MEDICAL TEAM	DR. W.M.S. JOHNSON
5	NURSING & PARAMEDICAL TEAM	DR. M.TAMILARASI MS. K.SENTAMILSELVI
6	COVID- ICU&RAPID RESPONSE TEAM	DR. A. AJAYKUMAR DR. BOTTA BAGYAVARDHAN
7	INFRASTRUCTURE - WARD/ICU	MRS. K.SENTHAMIL SELVI MS. T.R. SUJATHA
8	COVID CLINICAL ADVISORY	DR. D MANOHARAN
9	EPIDEMIOLOGY UPDATES	DR. S. HARIHARAN
10	LABORATORY MEDICINE	DR. B. SHANTHI DR. R. PRAVEENA DR. P. SUBHASHINI
11	TRANSFUSION MEDICINE	DR. T. GAYATHRI DEVI
12	RADIOLOGY	DR. M. PRABHAKAR MR. K. MOHAN
13	MOLECULAR BIOLOGY	DR. FLORIDA DR. PRIYA SANTHARAM
14	COVID SAFETY MEASURES , INFECTION CONTROL PROTOCOLS AND BIOMEDICAL WASTE MANAGEMENT	DR. K. DINESH MR. R DHANANJAYAN MRS. SUJATHA T.R
15	LOGISTICS, FOOD & BEVARAGE	DR. M.TAMILARASI DR. B SHANTHI DR.R. ARCHANA DR.ALJIN
16	ACCOMODATIONS	DR. PRIYA SANTHARAM MS.T.R. SUJATHA
17	MEDICINES & PERISHABLES	DR. SURESH KASI MR.KARTHICK MR.PARTHASARATHY
18	EQUIPEMENTS	MR. T. SELVARASU MR. E. ASHOK KUMAR
19	SURFACE HYGIENE & SANITIZATION	MR.R. DHANANJAYAN
20	HOUSEKEEPING STAFF	MR. K. SEKAR
21	TRANSPORT-STAFF,MATERIAL	DR. P.MOHAN KUMAR MR. SELVARAJ
22	AMBULANCE	DR. M. TAMILARASI MR.W. LEO ANTONY MR. G. SHANKAR
23	COMMUNICATION & CORRESPONDENCE	MRS. K. UMA CHANDRIKA

24	CIVIL RELATED MAINTENANCE	MRS. J. CHELLAMANI
25	POWER SUPPLY GENSET	MR. S. JAIBALAN
26	PLUMBING, WATER SUPPLY & SANITATION	MR. R. MURUGAN
27	OXYGEN SUPPLY & MAINTANANCE	MR.J. RAVI
28	MRD & DAILY REPORTING	MS. DIVYA
29	TELECOM,PAS,CABLING &TV	MR.T.SELVARASU
30	STORES & STATIONARIES	MR.B. RAMAMOORTHY
31	LINEN SUPPLY & LAUNDRY	MS.T.R. SUJATHA MR E. BALAMURUGAN
32	SECURITY	MR. S.J. SIGAMANI MR. M. RAMESH KUMAR

**150 COVID patients were admitted and treated at Sree Balaji Medical College and Hospital.**

### **Virtual programs conducted.....**

<b>Department</b>	<b>Events</b>	<b>Date</b>	<b>Title of the Events</b>	<b>Name of the Speaker</b>
OPHTHALMOLOGY	Seminar	20/04/2020	ophthalmic manifestation of corona virus	Prof. & Dr. B. Chandrasekaran
OPHTHALMOLOGY	Seminar	22/04/2020	surgical management of PDR	Prof. & Dr. B. Chandrasekaran
OPHTHALMOLOGY	Seminar	24/04/2020	Macular hole, ERM	Dr. B. Chandrasekaran
OPHTHALMOLOGY	Seminar	27/04/2020	Keratitis, vascular occlusion, RD	Dr. B. Chandrasekaran
DVL	Seminar	30/04/2020	Cellulitis & Erysipelas	Dr. Duttala Indira Reddy
DVL	Journal Club	28/04/2020	Covid 19 & Skin	Dr. Archana
PHYSIOLOGY	Online program	23/04/2020	LT ONLINE LEARNING PLATFORM FOR LIFE SCIENCES AND MEDICINE	MR KANAGARAJ , EXECUTIVE , AD INSTRUMENTS
PHYSIOLOGY	Seminar	25/04/2020	PHYSIOLOGY OF HPO AXIS	DR . GAYATHRI , PG , PHYSIOLOGY,



				SBMCH
ANATOMY	Guest Lecture	18/04/2020	TALK ON CORONA	Dr.MOHAN VENKATRAMAN
MICROBIOLOGY	Online program	04-07-2020	Latest updates in COVID 19	Dr. Neus Basa , Italy
IQAC	Panel discussion	04-03-2020	NATIONAL SCIENCE DAY 2020 "WOMEN IN SCIENCE"	Dr. Florida Tilton PhD
IQAC	work shop	03-11-2020	COVID 19 Testing Facility (RT PCR)	Dr. Rex Arunraj
PATHOLOGY	Online program	04-01-2020	UG Online classes	Faculty of the Pathology Department
MICROBIOLOGY	Online program	04-07-2020	Latest updates in COVID -19	Dr. Neus Basa, Consultant, Italy
GENERAL SURGERY	Online program	16/04/2020	postgraduates	Dr.Jayakanthan (asst.prof)
PSYCHIATRY	Seminar	29/04/2020	Mental Health problems in Elderly during COVID	Professor Dr.S.Nambi
ANATOMY	Guest Lecture	18/04/2020	TALK ON CORONA	Dr.MOHAN VENKATRAMAN
IQAC	work shop	23/04/2020	COVID 19 Testing Facility (RT PCR)	Dr. Rex Arunraj
DVL	Symposium	28/05/2020	Non Gonococcal urethritis	Dr. Duttala Indira Reddy
DVL	Symposium	28/05/2020	Natural history of HIV infection	Dr. Archana
DVL	Seminar	05-02-2020	Mohs micrographic surgery	Dr. Shreya Moozhiyil
DVL	Seminar	05-07-2020	VDRL	Dr. Avinash Pravin
DVL	Seminar	05-07-2020	Normal vaginal flora	Dr. Nehete Sanket Sanjay
DVL	Seminar	14/05/2020	EBV & Skin infections	Dr. Ojas Kulkarni
DVL	Seminar	14/05/2020	Parvovirus B19 infection	Dr. Archana
DVL	Seminar	21/05/2020	Systemic involvement in Leprosy	Dr. Subhasree
DVL	Seminar	21/05/2020	Animal models in Leprosy	Dr. Arun Karthikeyan
DVL	Journal Club	05-05-2020	Update on Management of Morphea (Localised	Dr. Subhasree

			scleroderma) in children	
DVL	Journal Club	05-12-2020	Melanonychia: Etiology, Diagnosis and Treatment	Dr. Arun Karthikeyan
DVL	Journal Club	19/05/2020	New concepts, concerns & creations in Acne	Dr. Duttala Indira Reddy
DVL	Journal Club	26/05/2020	Connective tissue disease current concepts	Dr. Nehete Sanket Sanjay
ENT	Online program	18/05/2020	Complications of CSOM	Dr. S. Meenakshi MS, DNB
PATHOLOGY	Online program	05-02-2020	UG classes	Faculty of Pathology Department
PSYCHIATRY	Online program	25/05/2020	Approach to a case of Treatment Resistant Depression	Dr. Prasanth, Post-graduate programme
OPHTHALMOLOGY	Seminar	05-06-2020	Narrow angle Glaucoma / POAG	Dr. B. Chandrasekaran
OPHTHALMOLOGY	Seminar	05-08-2020	Sclera	Dr. B. Chandrasekaran
OPHTHALMOLOGY	Seminar	13/05/2020	Orbit	Dr. B. Chandrasekaran
OPHTHALMOLOGY	Seminar	18/05/2020	Keratoconus	Dr. B. Chandrasekaran
OPHTHALMOLOGY	Seminar	20/05/2020	Prosis	DR. B. Chandrasekaran
OPHTHALMOLOGY	Seminar	23/05/2020	Corneal Ulcer	Dr. M. Balakrishnan
GENERAL SURGERY	Online program	05-01-2020	professors & Asst.professors	UG students
DEPARTMENT OF RESPIRATORY MEDICINE	Seminar	05-07-2020	LABA + LAMA nebulization in COPD	Dr. R. Sabarinath Ravichandar / Assistant Professor
PHYSIOLOGY	Online program	25/06/2020	GASTRO INTESTINAL MOTILITY	DR PRISCILLA JOHNSON, Prof and Hod , Dept Of Physiology , Sri Ramachandra Medical College And Research Institute
RESPIRATORY MEDICINE	Seminar	06-02-2020	Emerging role of Glycopyrronium in COPD	Dr. Sabarinath Ravichandar /Assistant Professor
OPHTHALMOLOGY	Seminar	06-03-2020	Optic nerve anatomy	Dr. B. Chandrasekaran (HOD)
OPHTHALMOLOGY	Seminar	06-10-2020	Visual pathway	Dr. B. Chandrasekaran



				(HOD)
OPHTHALMOLOGY	Seminar	17/06/2020	Cornea - Physiology	Dr. B. Chandrasekaran (HOD)
OPHTHALMOLOGY	Seminar	24/06/2020	Anatomy of 3rd Nerve	Dr. B. Chandrasekaran (HOD)
DVL	Symposium	25/06/2020	Rifampicin	Dr. Subhasree
DVL	Symposium	25/06/2020	Penicillamine	Dr. Duttala Indira Reddy
DVL	Seminar	06-04-2020	Topical formulations in Dermatology	Dr. Nehete Sanket Sanjay
DVL	Seminar	06-04-2020	Transcutaneous drug delivery	Dr. Avinash Pravin
DVL	Seminar	06-04-2020	Transcutaneous drug delivery	Dr. Avinash Pravin
DVL	Seminar	06-04-2020	Different topical formulations	Dr. Subhasree
DVL	Seminar	06-11-2020	Vaccines in HIV	Dr. Ojas Kulkarni
DVL	Seminar	06-11-2020	Advances in treatment of facial pigmentation	Dr. Archana
DVL	Seminar	18/06/2020	Colchicine	Dr. Arun Karthikeyan
DVL	Seminar	18/06/2020	Hydroxychloroquine	Dr. Avinash Pravin
DVL	Journal Club	06-02-2020	A topic Dermatitis update on Comorbidities & therapeutic advances. Indian journal of pediatric Dermatology Volume 20, Issue 1, Jan-Mar 2019	Dr. Ojas Kulkarni
DVL	Journal Club	06-09-2020	Biologics in Dermatology: Off label indications. Indian dermatology online journal Volume 11, Issue 3, May-June 2020	Dr. Avinash Pravin

DVL	Journal Club	16/06/2020	Emerging Topical & Systemic JAK inhibitors in Dermatology. Frontiers in Immunology December 2019, Volume 10, Article 2847	Dr. Subhasree
DVL	Journal Club	23/06/2020	Recommendations for Cutaneous & Aesthetic surgeries during COVID 19 pandemic Part I. Journal of Cutaneous and Aesthetic surgery 2020, Volume 13, Issue 2, Page 77-94	Dr. Shreya Moozhiyil
DVL	Journal Club	30/06/2020	Recommendations for Cutaneous & Aesthetic surgeries during COVID 19 pandemic Part II. Journal of Cutaneous and Aesthetic surgery 2020, Volume 13, Issue 2, Page 77-94	Dr. Shreya Moozhiyil
PSYCHIATRY	Online program	22/06/2020	Approach to Patient management problems	Dr.R.Rajkumar,Professor,SBMCH

<b>HOSPITAL &amp; COLLEGE PROMOTION</b>				
<b>Name of the Faculty</b>	<b>Department</b>	<b>Designation</b>	<b>Promoted as</b>	<b>With effect from</b>
<b>Dr Atreya M Subramanian</b>	<b>General Surgery</b>	<b>Senior Resident</b>	<b>Assistant Professor</b>	<b>31.05.2020</b>

### **LIST OF PUBLICATIONS....**

<b>NAME OF THE AUTHOR</b>	<b>TITLE THE OF PAPER</b>	<b>NAME THE OF JOURNAL</b>	<b>VOLUME</b>	<b>PAGES NUMBER</b>
Nancy Elizabeth S	Prevalence Of Cataract Due To Inhalational Corticosteroid In South Indian Population	International Journal Of Science And Research	Volume 9 And Issue 4	1327 - 1329
Farhana Rahman, Nagasundaram Muthiah, Krishna Prasanth, Govindasamy Kumaramanickavel	Correlation Study Of Demographic Variables And Its Association With Blood Pressure Control	Biomedical And Pharmacology Journal	13(1)	233-236
Aswin Nagarajan, R Swaminathan, G Selvaluxmy, Ramya Ravichandar	Relevance Of Tumour Mode Metastasis Staging In Salivary Gland Rumours- A Retrospective Analysis From A Tertiary Cancer Center	Oncology Journa Of India	Volume 4; Issue 1	28
Jayasree,G.Bupesh,S.Vasanth,Jasmine Beulah	Toxicological Characterisation Of Silver Nanoparticles In Labeorohita	Nanobiomedicine Engineering	12	114
D. Sreelekha, D. Madhavi S. Swayam Jothe A. Vijayalakshmi K. Srinidhi	Study On Mandibular Parameters Of Forensic Significance	Journal Of The Anatomical Society Of India	Volume 69 + Issue 1	21-24

Shanthi Ramesh, S. Sundari	Effect Of Kangaroo Mother Care On The Growth And Morbidity Pattern Of Low Birth Weight Infants: A Hospital Based Cross Sectional Study	International Journal Of Contemporary Pediatrics	7 (4):	728-732
T. Rathnaganapathi , Akshaya Gunasekar , K. Kuberan	A Study On Microbiological Profile In Diabetic Foot Ulcers	Original Research Article	Vol. 7, Issue 4, April, 2020. ISSN: 2394-0026	(P) ISSN: 2394-0034 (O)
D. Sreelekha,D. Madhavis. Swayam Jothia. Vijayalakshmi Devi , K. Srinidhi	Study On Mandibular Parameters Of Forensic Significance	Journal Of The Anatomical Society Of India	Volume 69 , Issue 1	21-24
Shanthi Ramesh, Madhan Kumar, Sundari S	Clinico-Etiological Profile Of Children Admitted With Seizures To A Tertiary Care Hospital – A Cross-Sectional Study	Indian Journal Of Child Health	7 (5)	03-Jan
Harini Rangaraju, Shenbaga Lalitha Sankar	Vitamin D Levels In Gestational Diabetes Mellitus And Its Influence On Future Type 2 Diabetes Mellitus- An Observational Study	Journal Of Clinical And Diagnostic Research	VOLUME 14 , ISSUE 5	BC17-BC20
Dr Sridevi Chaganti, Dr Uypu Sowjanya , Dr VS Kalai Selvi	Enzymatic Markers Playing A Definitive And Supportive Role In The Diagnosis Of Malaria	Scholars Academic Journal Of Biosciences	VOLUME 8 , ISSUE 5	133-136



Gayathri Dilliraj, Harini Kannan,B Shanthi	Effect Of Pranayama On Stress In Doctors	Biomedicine	VOLUME 40 ISSUE 1	102-104
Harini Rangaraju1, Shenbaga Lalitha Sankar2	Vitamin D Levels In Gestational Diabetes Mellitus And Its Influence On Future Type 2 Diabetes Mellitus- An Observational Study	Journal Of Clinical And Diagnostic Research	VOLUME 14 ISSUE 5	BC17-BC20
Dr. Chaganti Sridevi , Dr. UVPU Sowjanya , Dr. V.S. Kalaiselvi	Enzymatic Markers Playing A Definitive And Supportive Role In The Diagnosis Of Malaria	Scholars Academic Journal Of Biosciences	VOLUME 8 ISSUE 5	133-136
Kiran Madhusudhan, Madhusudhan B, Pujitha B	Early Surgical Management Of Burns Wound Infection - A Case Report	Research Journal Of Pharmaceutical, Biological And Chemical Sciences	11 (3)	108-111
Bupesh Giridharan	Covid-19: A Promising Cure For Global Panic	Science Of The Total Environment	725	138277
Glory Josephine I, Habeeb Nathira	The Impact Of “Competency-Based Assessment “- A Foundation Course Topic In First-Year Medical Undergraduate Students	National Journal Of Physiology, Pharmacy And Pharmacology	Volume 10, Issue 05	388-392
Dr.Dillibabu Ethiraj, Dr.Venkatraman Indiran	Abdominal Cocoon: “Cauliflower Sign” On Contrast-Enhanced Computed Tomography Scan	Portuguese Journal Of Gastroenterology	Volume 27 , Issue No.3	2

Dr.Harshini Udayakumar, Dr.Venkatraman Indiran, Dr.Kalaichezhian Mariappan, Dr.Prabakaran Maduraimuthu	Pancreatic Pseudocyst With Mediastinal Extension Presenting As Pseudo-Kirklín Sign— Multimodality Imaging	Journal Of Gastrointestinal And Abdominal Radiology ISGAR	-	2
Dr. Susan. D. P, Dr. K.R. Mukilarasi, Dr. Mary Lilly	Prevalence And Pattern Of Anaemia In Non- Pregnant Hypothyroid Women	WJPMR	VOLUME 6, ISSUE 6	204-206
Dr. K.R.Mukilarasi, Dr. Mary Lilly	Incidental Finding Of Castleman's Disease In An Inguinal Hernial Sac Lymph Node - A CASE STUDY	WJPMR	Volume6, Issue 6	247-249
Jasmitha B Rajashekar Reddy, Darshan Bhatt, B Chandrasekaran	Spontaneous Conjunctival Sudoriferous Cyst- Is It Uncommon Or Underdiagnosed?	IP International Journal Of Ocular Oncology And Oculoplasty	Volume 6 And Issue 2	139 - 141
K.Meenakumari And G.Bupesh	Molecular Docking Of C- Jun-N-Terminal Kinase (Jnk) With Amino- Pyrimidine Derivatives	Bioinformation	16(6)	462-67