# Focus

# On Department of General Medicine

The Department of General Medicine is one of the largest Departments of Sree Balaji Medical College and Hospital. The physicians are committed to applying the latest medical knowledge and technology to meet the needs of the patients. Consists of outpatient and inpatient services. Outpatient services are available on all days, including holidays from 8 a.m. to 8 p.m. The team consists of highly qualified Professors (8), Associate Professors and Assistant Professors (19) and 41 Senior Resident.

General Medicine Department conducts 1 International conferences in year, 2 National Conferences in year and monthly once 2 CMEs apart from Symposium, Guest Lectures, Seminars. The department also conducts community camps where screening for various medical problems like Diabetes, Hypertension, Bronchial Asthma etc., takes place. The faculty also take part in the teaching service apart from the treating patients.

#### **OUR STRENGTH**



# Academic activities in Department of General Medicine for the month July 2022-September 2022

| S.<br>No | Date    | Program                      | Торіс  | Speaker                |
|----------|---------|------------------------------|--|------------------------|
| 1.       | 6/7/22  | Journal Club                 | Restriction of IV fluids in ICU patients with septic shock   | Dr Gautam<br>JR        |
| 2        | 7/7/22  | Recent updates               | Modified MELD score  | Dr Dinesh JR           |
| 3        | 11/7/22 | Recent updates               | Latest advances in medicine  | Dr Devika JR           |
| 4        | 14/7/22 | Journal Club                 | DPP4 inhibitors and Biliary disease in T2DM. A Meta-analysis review                                    | Dr Vaishnavi JR        |
| 5        | 18/7/22 | Image of the week            | Schatzkis ring   | Dr Rahul JR            |
| 6        | 20/7/22 | Interesting Case of the week | Resistant Hypertension   | Dr Keerthanaa JR       |
| 7        | 21/7/22 | Image of the week            | Pleural Calcification  | Dr Gautam JR           |
| 8.       | 25/7/22 | Topic of the week            | Cushings Syndrome  | Dr Sanjeeth JR         |
| 9.       | 27/7/22 | Image of the week            | Mediastinal mass on chest X ray  | Dr Vijay Krishna<br>JR |
| 10       | 28/7/22 | Interesting Case of the week | Parkinsonism and Parkinson plus syndrome   | Dr Heshish             |
| 11       | 1/8/22  | Image of the week            | Retinal Vasculitis   | Dr Sujana JR           |
| 12       | 3/8/22  | Journal club                 | TIRZEPATIDE once weekly for the treatment of obesity   | Dr Devika JR           |
| 13       | 4/8/22  | Interesting Case of the week | Dengue with Scrub co infection with b/l 6h cranial nerve palsy   | Dr Anuhya JR           |
| 14       | 8/8/22  | ECG of the week              | Precordial Masquerading bundle branch block  | Dr Adhitya JR          |
| 15       | 10/8/22 | Image of the week            | Pyomyositis Vegetans   | Dr Vaishnavi JR        |
| 16       | 11/8/22 | Journal Club                 | Long term efficacy and safety<br>of Renel denervation in the<br>presence of anti-hypertensive<br>drugs | Dr Gautam JR           |
| 17       | 22/8/22 | ECG of the week              | Acute pericarditis due to SLE  | Dr Sujana JR           |
| 18       | 29/8/22 | Interesting Case of the week | Refractory immune thrombocytopenia   | Dr Heshish JR          |

| 19  | 5/9/22  | Interesting Case of the week | Drug induced megaloblastic anemia  | Dr Sujana JR   |
|-----|---------|------------------------------|--|----------------|
| 20. | 7/9/22  | ECG of the week              | Hyperkalemia   | Dr Gautam JR   |
| 21  | 8/9/22  | Journal Club                 | Tolvaptan add on therapy and it's effects on efficacy parameters and outcomes in patients with heart failure | Dr Adhitya JR  |
| 22. | 12/9/22 | Image of the week            | Oral telengectasias in systemic sclerosis  | Dr Devika JR   |
| 23  | 21/9/22 | Journal club                 | Folic acid effect on<br>homocysteine in sortylline<br>levels and glycemic control in<br>T2DM patients        | Dr Rangeela JR |
| 24  | 22/9/22 | Interesting Case of the week | DCLD   | Dr Gautam JR   |
| 25  | 26/9/22 | Image of the week            | Usual interstitial pneumonia   | Dr Madhuri JR  |

#### **INCOM 2022 - International Hybrid Conference**

The Department of General Medicine organized an International hybrid Conférence - INCOM 2022, on the topic "Infections in the Immunocompromised Host" on 27th August 2022 in T.R. Raman hall, Sree Balaji Medical College and Hospital. Eminent speakers from all over the world



were a part of this conference and gave all participants a platform to exchange their ideas and broaden their knowledge. It was informative and interactive and had active participation from all the faculty members, post graduates, CRRI & under graduates from SBMCH as well as from other colleges. Speakers: 1) Dr. Poornima Ramanan, Md, Fellowships in Infectious

Diseases, Transplant Infectious Diseases and Clinical Microbiology, Assistant Professor of Medicine, Division of Infectious Diseases, Transplant Infectious Diseases Faculty, University of Colorado. Topic: Infections in Solid Organ and Hematopoietic Transplants - A Bird's Eye View 2) Dr. Ram Gopalkrishnan, Md, MRCP(UK), Ab



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(Internal Med), American Certificate (Tropical Medicine), Fidsa, Fescmid, Senior Consultant, Institute of Infectious Diseases, Apollo Hospitals, Chennai. Topic: Infections in HIV Patients - State of Art In 2022. 3) Dr. Subramaniam Swaminathan, Md, DNB, American Board (Internal

Medicine), American Board (Infectious **MBA** Diseases), (Healthcare Administration) Director, Infectious Diseases Infection Control, Gleneagles Global Hospitals, Chennai & Bengaluru. Topic: Infections in Patients on Biologicals - How to Diagnose and Treat. 4) Dr. (Col.) Kompella Kiran Kumar Md, DNB, National Board Fellowship in Infectious Diseases (Apollo Hospital, Chennai)



Senior Advisor, Medicine and Infectious Diseases, Army Hospital Research & Referral, Delhi. Topic: Vaccines in Immunocompromised - Current Guidelines. 5) Dr. Vidyalakshmi Devarajan, DNB (Internal Medicine), Fellowship in Infectious Diseases, FNB - Infectious Diseases. Senior



Consultant, Department of Infectious Diseases, Dr. Rela Institute & Medical Centre, Chennai. Topic: Pneumonia in Immunocompromised Patients - Approach to Diagnosis and Management. 6) Dr. Vidya Krishna, MD, MRCPH, IAP PID Fellow (2015), Consultant, Paediatric Infectious Diseases, Apollo Hospitals, Chennai. Topic: Infections in Primary Immunodeficiency Syndrome - A Primer. Department of

general Medicine released a book on "Infectious diseases in immunocompromised hosts" A book on "infectious diseases in immunocompromised hosts" which was authored by the department of general medicine, was released during the international conference INCOM 2022 - 27/09/2022. The main aim of this book is to provide concise, accurate and up to date information of various infections affecting immunocompromised patients and it also enables the practitioners and readers to understand the concepts in infectious diseases.

#### **Achievements of Post Graduates from Department of General Medicine**

Dr Vignesh, Final year Post graduate from Department of General Medicine securing second place for poster in Cardio metabolic conference 2022 organized by International society for renal research. Dr Arvindraj, Final year Post Graduate from Department of General Medicine securing second prize in poster presentation in Global Cardio Diabetes Conclave Conférence 2022.





Dr Anuhya Adusumilli,1<sup>st</sup> year Post Graduate from Department of General Medicine securing 1st prize for poster presentation in INCOM 2022. Dr Ram Prasaanth, Final year Post Graduate from Department of General Medicine securing 2nd prize for poster presentation in INCOM 2022





# CME on Insulin Initiation in patients uncontrolled on OHAs

CME was on the topic of "Insulin Initiation in patients with T2DM uncontrolled on OHAs" and speaker was Dr Jayashree Gopal (MD, Endocrinologist) from APOLLO hospital, Chennai, who gave us her insight on the topic. The talk was very informative and all Faculties and Post graduates actively participated in the session.



# CME on Peptide in a pill

CME was on the topic "Peptide in a pill" and the speaker was Dr J S Kumar (MD, General Medicine), HOD of department of general medicine, SRM medical college and hospital and Dr. V Padma, professor of department of general medicine, SBMCH and the CME was informative and interactive.



# **CME on Rapidly progressive Glomerulonephritis**

CME was on the topic "Rapidly progressive Glomerulonephritis" and speaker was Dr Karthikeyan M.D, D.M nephrology, from RELA hospital and it was an enlightening talk which was followed by an interactive equestion and answer session.





# LIST OF PUBLICATIONS for the month July 2022 - September 2022

| Name of Author   | Title of the Paper                | Name of the Journal   |  |
|--|-----------------------------------|---|--|
| Dr. Sankar, Dr Umashankar, Dr<br>Alex  | Type 2DM presenting as Insulinoma | International journal of Biology,<br>Pharmacology and Allied Sciences |  |
| Dr Padma, Dr Abhilash B Nair,<br>Dr Sarath Bhaskar                             | Heinz body hemolytic Anemia       | Journal of Applied Hematology   |  |
| Dr Sankar, Dr Karthick<br>Ramlingam, Dr Umashankar, Dr<br>Alex                 |                                   | International journal of Biology,<br>Pharmacology and Allied Sciences |  |
| Dr P Ram Prasaanth, Dr N N<br>Anand, Dr Karthick<br>Ramalinfam, Dr Anand Mohan | e ·                               | International journal of early childhood special education            |  |
| Dr Mathisha Ebby Perin,Dr<br>Suresh Kanna S, Dr Dinesh<br>Babu                 |                                   | Medical sciences  |  |

#### **National Doctor's Day**

Every year, National Doctor's Day is celebrated on July 1 in the memory of Dr Bidhan Roy, the former Chief Minister of Bengal, who was known for his selfless service to humanity. The day, commemorated by Indian Medical Association (IMA), celebrates all doctors and healthcare workers who have been tirelessly serving people by risking their own lives.





Seminar on "Capnography – Principles and Uses"

The Department of Anaesthesiology and the Medical Education Unit conducting Seminar on "Capnography – principles and uses on 01.07.2022. Presenter: Dr. Meenakshi, Dr. Rajkumar First year PG, Department of Anaesthesiology. Capnography is based on the principle that CO2 molecules absorb infrared radiation at specific wavelengths. The capnograph contains special photo detectors tuned to these wavelengths that enable the calculation of CO2 levels in the breath sample.



#### **Workshop on Nurturing Care - Early Childhood Development**

Department of Paediatrics Conducted a workshop on Nurturing Care - Early Childhood Development on 03.007.2022. Dr. Somasundaram Dr. Sridevi Narayan, Chennai, the workshop was graced by eminent personalities who spoke in depth about various topics such as nurturing





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care, nutrition and care-giving. There was a total number of 28 attendees who were benefitted from the above-mentioned broad areas of early child development. To grow and develop optimally, children need to receive nurturing care. This means that they enjoy adequate nutrition and good health, feel safe and secure, and have opportunities for learning starting from birth.

#### Seminar on Randomized Controlled Trials



Department of Community Medicine and MEU organized a Seminar on Randomized Controlled Trials on 04.07.2022. The randomised control trial (RCT) is a trial in which subjects are randomly assigned to one of two groups: one (the experimental group) receiving the intervention that is being tested.

#### Seminar on Flexor Tendon Injury of Hand

Department of DVL and MEU organized a Seminar on Flexor Tendon Injury of Hand on 06.07.2022. Flexor tendon injuries are some of the more common injuries, but yet complex injuries managed by hand surgeons. The flexor tendon mechanism plays a key role.



#### Seminar on Recent Trends in TB

Department of Pharmacology and MEU organized a Seminar on Recent Trends in TB on 07.07.2022. Among communicable diseases, tuberculosis (TB) is the second leading cause of



death worldwide, killing nearly 2 million people each year. The most common treatment for active TB is isoniazid INH in combination with three other drugs—rifampin, pyrazinamide and ethambutol. You may begin to feel better only a few weeks after starting to take the drugs but treating TB takes much longer than other bacterial infections.

# Symposium on Chemotherapy and Drug Reactions

Department of DVL organized a Symposium on Chemotherapy and Drug Reactions on 08/07/2022. Presentation 1: Toxic Erythema of Chemotherapy by Dr. Sowmya N, In the presentation, definition of toxic erythema of chemotherapy, drugs associated, clinical variants, clinical features, along with pathophysiology, investigations with histopathology findings and management were discussed in detail. This was followed by discussion by Prof. K. Manoharan, Professor and HOD of DVL. Presentation 2: Pathogenesis of Drug Reactions by Dr. Mahadhi.





R. In the presentation, the various mechanisms involved in cutaneous drug reactions, the most commonly involved drugs, the clinical features of various drug reactions like DRESS, Steven Johnson syndrome, Toxic epidermal necrolysis, erythema multiforme, erythroderma and their management were discussed in detail. This was followed by discussion by Prof. K. Manoharan, Professor and HOD of DVL.

#### **Symposium - Stem Designs in Total Hip Arthroplasty**

Department of Orthopaedics organized a Symposium on Stem Designs in Total Hip Arthroplasty 11/07/2022. Presenters – Dr. Suresh Kumar J, Dr. Prashanth N, Dr. Jafer Sareef J, Dr. Suriya Kulothungan, Dr. Anirudh Reddy P M, Dr Aravindan M. In this system, the short femoral stems are classified into 4 types depending on the increasing area for loading on the stem. Type 1 are femoral neck only, type 2 are calcar loading, type 3 are calcar loading with lateral flare, and type 4 have shortened tapered conventional stems.





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#### **Health Education & Awareness Camp**

Health Education & Awareness Program Conducted by Department of Community Medicine at RHTC, Padappai on 11/07/2022. The program is to create awareness about common disease like hypertension and diabetes mellitus. and personal hygiene, and help them lead a disease-free life. Awareness was created about the ill effects of hypertension and diabetes. Avoiding excess carbohydrates and processed sugar, regular exercise and splitting meals to small quantities can help in prevention. The importance of personal hygiene was strongly taught to the audience.





Workshop on "Surgical Suturing Techniques"

Department of OBG conducted a Workshop On "Surgical Suturing Techniques" on 13/07/2022. We Were Taught About What Are the Various Methods and The Techniques of How Suturing Is Done. About Selecting the Appropriate Wound Closure Materials. Knowledge Regarding Their Characteristics Is Crucial to Minimize Ischemia, Excess Wound Tension and Tissue Injury. For Proper Healing the Edge of Wound Must Be Everted by Each Stitch. Bites Should Be Taken Equal in Both Distance and Depth on Both Sides of Wound; That Is Its Entry and Exit Point





Should Be at Same Level In Tissues. We Learned About the Proper handling Technique of Needle, One Should Use the Curve of Needle to Pass the Suture Through Skin. Needle Should Be Inserted Perpendicular to Skin.

#### Workshop on "Episiotomy Repair"

Department of OBG conducted a Workshop On "Episiotomy Repair" on 14/07/2022. All Procedures Were Conducted Using Various Models and Videos on Techniques of Suturing. We Were Taught About: The Anatomy of Pelvic Floor, Perineum and Anal Sphincters. Diagnostic



and Sphincter Injuries Management of Complication of Vaginal Delivery. There Are 3 Layers Which Have to Repaired After Episiotomy Has Been Given. Vaginal Epithelium, The Muscles, Perineal Skin. Adequate Pain Relief Should Be Provided Before Suturing. We Were Highlighted About The: Risk Management, Issues, Role of Perineal Truma, Methods of Repair.

# Workshop on "Basic Life Support"

Department of Anaesthesiology and School of Allied Health Sciences conducted a Workshop



On "Basic Life Support" on 15/07/2022. Speakers: Dr. Sumitha R, Professor Of ENT, Skill Lab, Dr. Raghuraman, Professor, Department of Anaesthesiology, Topic – Introduction of Skills Lab, Introduction To BLS. Basic life support (BLS) includes recognition of signs of sudden cardiac arrest (SCA), heart attack, stroke, and foreign-body airway obstruction (FBAO); cardiopulmonary resuscitation (CPR); and defibrillation with an automated external defibrillator (AED).

#### National Conference on Recent Trends in Research & Review

Department of Anatomy organized a National Conference on Recent Trends in Research & Review on 16/07/2022. Topic: Key steps in writing a Good systematic review- Speaker: D. Keerthi Singh, MBBS, MS Lecturer in Anatomy, University of West Indies - Cave Hill,





Barbados. Formulate a research question. Consider whether a systematic review is needed before starting your project. Develop research protocol. Conduct literature search. Select studies per protocol. Appraise studies per protocol. Extract data. Analyze results. Interpret results. Topic; Scope of Stem Cell Research- Speaker: Ajit N. Kumar M.Sc; Ph.D Director (Scientific) ACADICELL Innovations International Pvt. Ltd., Chennai, India. Cell is functional unit of life and Stem Cell functions as a unit for tissue growth, repair and regeneration. Processes of cellular physiological to pathological alteration and contribution of stem cells to tissue and organ development and rejuvenation is pathway for understanding of life. Topic: Decoding microRNA in Cancers- Speaker: Dr.C. Simondurairaj. M.Sc., Ph.D., Assistant Professor, School of Life Sciences, B.S. Abdur Rahman Crescent Institute of Science & Technology, Vandalur, Chennai.





The scientific sessions will guide the delegates in choosing apt research domains and experimental setup for their research studies. The conference will provide opportunities for the young researchers to share their research outcomes as well as knowledge with their fellow researchers and renowned scientists.

#### CME on "Overview on Orbit & Oculoplasty"

Department of Ophthalmology and MEU conducted CME on "Overview on Orbit &



Oculoplasty" on 16.07.2022. Speaker- Prof. M. Radhakrishnan, Retd Director RIOGOH. Oculoplasty and Orbit is a discipline in ophthalmology that deals with plastic and reconstructive surgery around the eyeball, including the eyelids, orbit and lacrimal system. Most of the oculoplastic conditions need surgical correction.

# Symposium on "Tribal Health"

Department of Community Medicine organized symposium on "TRIBAL HEALTH" on 18.07.2022. Speaker- Dr.S.Thamarai Kannan, Dr. S. Karthik. The symposium went for about 2 hours where Dr. S.Thamarai kannan spoke about definition of tribe, distribution of tribal population across India, health status among tribal people. He comprehensively explained about various factors associated with Communicable and non-communicable disease among Tribal population. Following which Dr. Karthik spoke about mobile medical unit, Programs





provided to the tribal community, agencies for tribal health, new avenues and research in tribal health. At the end of the symposium Dr. Thamarai Kannan and Dr. Karthik asked questions to the students which were answered correctly and few students asked questions related the topic which was clarified by the speaker.

#### **BALSURGE -2022**



Department of General Surgery and MEU organized a National Conference on Surgery 18.07.2022. Session-1 Chair Persons: Prof. Dr. P. K. Baskaran, Dept. of General Surgery, SUMCH Prof. Dr. K. Kuberan, Dept of General Surgery, SBMCH. Topic; Recent trends in management of CA Stomach. Topic; Management of

Obstructive Jaundice-Current Concepts- Dr. R. Subhash, Consultant Gastro-Intestinal Surgeon, Regional Cancer Centre, Trivandrum, Kerala.

Dr. P. Darwin, Senior Consultant Department of General Surgery, Apollo Hospital Vanagram, Chennai, (Former) Prof. & HCD, Department of General Surgery, Stanley Medical College &



Hospital, Chennai. Session-II Chair Persons: Prof. Dr. R.G.Santhaseelan Dept. of General Surgery, SBMCH Prof. Dr. B.V. Sree Devi Dept. of General Surgery, SBMCH Topic; Updates in Management of renal cell carcinoma. Dr.Saravanan, Professor, Institute of Urology. Madras Medical College, Chennai. Topic; Basics in reconstruction of Leg defects-Dr.Selvan, Professor & HOD, Department of Plastic Surgery Chergalpet Medical College & Hospital.





Health Education, Awareness & Free Medical Camp

Health Education, Awareness & Free Medical Camp Program Conducted by Department of Community Medicine at Kamatchi Nagar, Third Street, Anakaputhur on 19-07-2022. Reducing the major risk factors for noncommunicable diseases (NCDs) – tobacco use, physical inactivity, unhealthy diet and the harmful use of alcohol – is the focus of WHO's work to prevent deaths





from NCDs. NCDs – primarily heart and lung diseases, cancers and diabetes – are the world's largest killers, with an estimated 38 million deaths annually. Of these deaths, 16 million are

premature (under 70 years of age). If we reduce the global impact of risk factors, we can go a long way to reducing the number of deaths worldwide. Prevention of NCDs is a growing issue: the burden of NCDs falls mainly on developing countries, where 82% of premature deaths from these diseases occur. Tackling the risk factors will therefore not only save lives; it will also provide a huge boost for the economic development of countries.

#### **VEBDICON 2022**

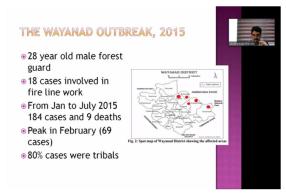
Department of Community Medicine and MEU organized a National Hybrid Conference on Vector-Borne Disease– 2022 Theme: "Holistic Action Towards Vector-Borne Diseases" on





22.07.2022 & 23.07.2022. SESSION 1: Speaker- Mr. Sridharan Subramanian Retd.Chief Entomologist, Dept. of Public Health & Preventive Medicine, Govt. of Tamil Nadu Moderator-Dr Shanthi Edward Professor, Dept. of Community Medicine, TOPIC- MALARIA-PAST, PRESENT AND FUTURE. The speaker spoke about the prevalence of malaria in the world and India. He described the life cycle of the malarial parasite, the symptoms and signs of malaria, the challenged faced during elimination of malaria and how we can possibly overcome it. He also





spoke of the past, present and future of anti-malarial medicines and their effectiveness. After discussing the conflicting views on the relations between malaria and socio-economic development and the desirable integration of malaria control into sustainable development, the speaker ended with some considerations on the perspectives of malaria control, just before the launching of the current Roll Back Malaria initiative by WHO. Session 2: Speaker-Dr P Vadivelan, Director Of Public Health And Preventive Medicine Officer On Special Duty, Tamil

Nadu. Topic – Dengue Control And Surveillance In Tamil Nadu. Moderator-Dr T P Jayanthi, Professor Dept.Of Community Medicine, SBMCH. Topic – Dengue Control and Surveillance In Tamil Nadu. Session 3: Speaker- Dr Mahamood Shariff, Deputy Director- NVBDCP Directorate of Health and Family Welfare Services, Arogya Soudha, Bengaluru, Government of Karnataka. TOPIC-Surveillance-An Effective Approach to Curb Vector Borne Diseases. Session 4:





Speaker-Dr Jayakrishnan Thavody Associate Professor, Dept Of Community Medicine, Govt.Medical College Manjeri, Kerala. Session 5: Speaker- Dr S Suresh Kanna Associate Professor, Dept Of General Medicine, SBMCH. Topic-Chikungunya -A Hidden Iceberg of Morbidity. Session 6: Speaker-Dr Dinesh Raja J Scientist B (Medical) & Head, Epidemiology & Operations Research, ICMR-VCRC, Puducherry Topic-Current Scenario on Lymphatic Filariasis. Session 7: Speaker- Dr Suthanthira Kannan S Assistant Professor, ESICMC & PGIMSR, KK Nagar, Chennai. Topic-Harness Innovation to Reduce Japanese Encephalitis.

# Health Education, Awareness & Free Medical Camp

Health Education, Awareness & Free Medical Camp Program Conducted by Department of Community Medicine at UHTC Anakaputhur on 25-07-2022. Dengue in human is often





inapparent and leads to a wide range of clinical manifestations, from mild fever to potentially fatal dengue shock syndrome. Dengue should be suspected when a high fever is accompanied by two of the following symptoms: severe headache, pain behind the eyes, muscle and joint pains,

nausea, vomiting, swollen glands, or rash. Symptoms usually last for 2–7 days, after an incubation period of 4–10 days after the bite from an infected mosquito. Awareness regarding dengue disease, dengue spreading mosquito to the general people. Doctors gave awareness about sign and symptoms, danger signs and complications.

#### Workshop on 'A Silent Killer- OSA"

Dept. of ENT conducted a workshop 'A Silent Killer OSA" along with the collaboration with pulmonology department on 27.07. 2022. The speakers Dr. Sabarinath MD, Assistant Professor of Department of Pulmonology and Dr. M.K.Rajasekar, HOD and professor of ENT.





#### **Medical Camp**

Medical Camp Conducted by Department of Community Medicine At RHTC, Padappai on 27.07.2022 at Sethupattu, Somangalam. All the participants underwent general clinical examination. Complaints regarding their health issues were addressed. Free medicines were dispensed. Advice regarding their respective health status was given. Out of 81 participants, 8





were sent to Hospital for further evaluation and management. The participants were screened for diabetes by recording CBG and hypertension. All the participants were advised for regular health check-up and diabetes patients were also advised for regular follow-up. All the participants who were found to have diabetes and hypertension was given appropriate treatment and dietary advice with respect to diabetes and hypertension.

#### **School Health Education & Awareness Camp**

School Health Education & Awareness Camp Conducted by Department of Community Medicine, UHTC Anakaputhur on 27-7-22 at Panchayat Union Primary School. The health





awareness on self-hygiene was given to the school children at Panchayat union primary school, Anakaputhur. All the participants were given advice with respect to hand hygiene, foot care (avoid bare foot walking) and deworming. School children were explained regarding the importance of wearing masks, maintaining social distance in the public places and measures to taken during the pandemic situation.

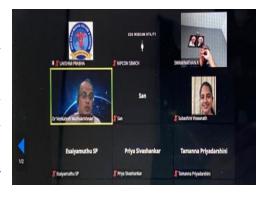
# **Guest Lecture- Unraveling the Spaces of Neck- Imaging Approach**



Department of Radiology and MEU organized a Guest Lecture- Unraveling the Spaces of Neck- Imaging Approach on 28.07.2022. Guest Speaker, Dr. Thiru A P Sudarshan, DMRD, FRCR, EBHNR, Consultant Radiologist & Clinical Lead, Ninewells Hospital & Medical School, Dundee, United Kingdom.

**Hybrid - Guest Lecture** 

Department of Psychiatry Conducted a Hybrid - Guest Lecture on "is Dr. Google An Adjunct or An Alternative to Dr. Hippocrates— How Digital Technology Is Transforming Mental Healthcare" on 30.07.2022. Speaker: DR. Venkatesh Muthukrishnan, MRC (Psych) Consultant in Old Age Psychiatry, Tees, ESK & Wear Valley Foundation, NHS trust.



#### **CME on Common Breastfeeding Challenges**

Department of OBG and MEU organized CME on Common Breastfeeding Challenges on 1th



week of August 2022. The theme for World Breastfeeding Week (WBW 2022) is Step up for Breastfeeding - Educate and Support. It will focus on strengthening the capacity of actors that have to protect, promote and support breastfeeding across different levels of society.





**Breastfeeding Awareness Camp** 

Department of Community Medicine organized an Awareness Campaign in RHTC at Navalur, Padappai on 1/08/2022, Anakaputhur on 5/08/2022. World breast feeding week (WBW) is





celebrated every year from 1st August to 7th August. The theme for WBW 2022 is Step up for breastfeeding- educate and support. This year's theme aims to focus on strengthening the capacity of actors that have to protect, promote and support breastfeeding across different levels of the society. These actors make up the warm chain of support for breastfeeding. Target audiences including governments, health systems, workplaces and communities will be informed, educated and empowered to strengthen their capacity to provide and sustain breastfeeding-friendly environments for families in the post pandemic world. Breastfeeding is

key to sustainable development strategies post-pandemic, as it improves nutrition, ensures food security and reduces inequalities between and within countries. The event started with an introductory talk to world breastfeeding awareness week. Faculties from the Department of Community Medicine attended this event including the HOD and Professor Dr.R.Umadevi, Professor Dr.Shanthi Edward, Assitant Professors Dr.KrishnaPrashanth and Dr.Hariharan. A





special speech was delivered by Dr.Hariharan on the importance on breastfeeding and the global scenario of the same. The postgraduates (Dr.Siddharthan.A, Dr Mohamed Shuaib Sait, Dr.Sushmita.G and Dr.Monica Albert) then did a poster presentation on the basics of breastfeeding, debunking cultural myths and beliefs and gave a brief introduction to the role of





various actors in supporting the mother-baby dyad. The undergraduates then enacted a beautiful skit on the long-term effects of not exclusively breastfeeding a baby. This highlighted the cultural difficulties faced by Indian women and the role that family and society play. The session was concluded with a speech by Professor Dr.Shanthi Edward. The event was concluded by distribution of gifts to the participants by our HOD & Professor Dr. R Umadevi.

#### **International Conference on Foot and Ankle**

Department of Orthopaedics organized an International Conference on Foot and Ankle on 5/8/2022. Speakers: Dr. Arun Ramanathan, Dr. Parthiban, Dr. Raja, Dr. Sundararajan, Dr. Ajoy, Dr. Satish Nesari.

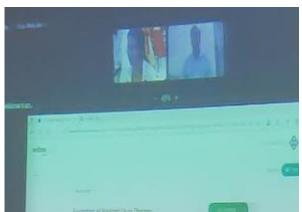






# CME on Essentials of Rational Drug Therapy

Department of Pharmacology and MEU organized CME on Essentials of Rational Drug Therapy on 05-08-2022. Speaker: Prof. Priestly Vivekkumar. MD (Pharmacology), Head of Faculty at Panimalar Medical College Hospital and Research Institute, Chennai. Essential medicines are the drugs that have the best balance of quality, safety etc. Essential medicines are those that satisfy the priority health care needs of the population. They are selected with due regard to public health relevance, evidence on efficacy and safety, and comparative cost-effectiveness.





CME on "Gutsy Gut Bugs"

Department of Microbiology and MEU organized CME "Gutsy Gut Bugs" on 05-08-2022. Speaker: Dr. Manonmoney. J, Associate Professor, SRM, Medical College Hospital and Research Institute, Chennai. As the body has improved nutrient absorption, we recommend taking a probiotic too, to supplement the good bacteria in the gut. Gutsy is a food, not a medication, therefore perfectly safe to consume for the general population.





**Symposium - Thoracolumbar Fractures TLICS** 

Department of Orthopaedics organized a Symposium on Thoracolumbar fractures TLICS classification and management of each types on 08.08.2022. Presenters –Dr. Pratik Mahapatra, Dr. Raahul R C, Dr. Navaneethakrishnan R, Dr. Rajlaxmi Reddy, Dr. Bageshree A, Dr. Syed. A thoracolumbar fracture means that a bone is broken in the thoracic (middle) or lumbar (lower back) region of the spine, nearly 1/3 of these injuries are associated with a neurologic injury or paraplegia.





# **Independence Day**

As India celebrates its 75th Independence Day on August 15, 2022, preparations are on in full swing everywhere. Institutions have the biggest celebration on Independence Day and students participate in all the programs with zeal and enthusiasm.





# Workshop on "Temporal bone dissection"

Department of ENT organized a workshop on "Temporal bone dissection" on 16/8/2022. The speakers for the following event was Dr. Valli, HOD and professor of ENT, Sri Sathya Sai Medical College, Dr. Ramani Raj, Professor and HOD of Dept of ENT, ESIC Medical College, Dr. M. K. Rajasekar, HOD and Professor of ENT, SBMCH. There were around 70 plus participants who made the workshop successful.





#### **Symposium on Phacoemulsification**

Department of Ophthalmology organized a Symposium on Phacoemulsification on 18.08.2022. Phacoemulsification is a modern-day cataract surgery that employs ultrasound energy to emulsify the nucleus, vacuum to catch the nuclear material, and irrigation and aspiration for cortex and viscoelastic removal. A typical phaco machine consists of a handpiece, foot pedal, irrigation, and aspiration system.





#### **Medical Screening Camp**

Department of Community Medicine organized a Medical Screening Camp Padappai on 18.08.2022. Screening for diabetes and hypertension were done. Diabetes was screened by CBG.

BP was recorded using BP apparatus, with height and weight-BMI calculated and adviced for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, COVID-19, control of Diabetes and Hypertension.





# Workshop on "Normally Functioning Hip"

Department of Orthopaedics organized a workshop on "The Secrets of Restoring a Normally Functioning Hip on 20/8/2022. Speaker: Dr. Sanjay Agarwala, Head of Orthopaedics and Traumatology, P.D. Hinduja National Hospital, Mumbai.





# **Symposium on Urinary Tract Infections**

Department of Paediatrics conducted a symposium on Urinary Tract Infections on 20.18.2022. Speakers: Dr. Saraladevi, Dr. Harish, Dr. Shri Lakshmi, Dr. Shyamnith, Topics: Introduction to Urinary Tract Infection, Pathogenesis of Urinary Tract Infection, Symptoms of Urinary Tract Infection, Investigations and management of Urinary Tract Infection. An infection in any part of







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the urinary system, the kidneys, bladder or urethra. Urinary tract infections are more common in women. They usually occur in the bladder or urethra, but more serious infections involve the kidney. A bladder infection may cause pelvic pain, increased urge to urinate, pain with urination and blood in the urine. A kidney infection may cause back pain, nausea, vomiting and fever. Common treatment is with antibiotics.

#### **Medical Screening Camp**

Department of Community Medicine organized a Medical Screening Camp Sethupattu Village, Kanchipuram on 24.08.2022. All the participants underwent clinical examination, advice regarding their health status was given. Out of 55 participants 12 were sent to Hospital for further evaluation. Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, COVID-19, Diabetes and Hypertension,





Awareness created among public regarding personal hygiene, Health education on hand hygiene, washing, social distancing, wearing mask, avoid overcrowding, using sanitizers, Menstrual hygiene awareness created among women. Advised on DASH patients, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods. Food high in fiber content were discussed about and public urged to consume such food for better health.

#### **Guest Lecture- Insulin Initiation in Patients**

Department of General Medicine and MEU organized CME " on Insulin Initiation in Patients Uncontrolled on OADS-A Smart Solution In Tune with Indian. Reality 24-08-2022. Speaker: Dr Jayashree Gopal Endocrinologist Apollo Medical Centre in Chennai, Seethapathy Clinic & Hospital.



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#### **Interdepartmental symposium on Delusional Parasitosis**

Department of DVL and Psychiatry Interdepartmental symposium on Delusional Parasitosis on (26/08/2022). Dr. Richa Jotwani (Junior Resident, Dept. of D.V.L.) was the first presenter who talked about the clinical features and presentation of delusional parasitosis. Various synonyms, and the classical "Matchbox sign" were discussed. Other organic and psychiatric disorders that lead to secondary delusional parasitosis was given importance. Furthermore, Dr. Aanchal Miglani (Junior Resident, Dept. of Psychiatry) talked about management of delusional parasitosis. 1st generation anti-psychotics like Pimozide was elaborated on. Its side effects were







highlighted and the use of newer agents like second generation anti-psychotics like Risperidone, Olanzapine were discussed in detail. The importance of forming a rapport with the patient, and proper counselling regarding the disease course should be given. The talk ended with a conclusive overview by Prof. Dr. K. Manoharan (HOD of Dept of DVL) and Dr. Priya (Associate Professor of Dept. of Psychiatry) on the clinical and treatment aspects of delusional parasitosis.

#### **CME on Male Infertility**

Department of Anatomy and MEU organized CME "on Male Infertility on 28.08.2022. Speaker: Dr. Kiruthiga Devi. R.S, Consultant OBG, Babu Male Infertility Hospital, Chennai. Male infertility can be caused by low sperm production, abnormal sperm function or blockages that prevent the delivery of sperm. Treatment depends on what's causing infertility. Many problems can be fixed with drugs or surgery.





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#### **Guest Lecture on Secondaries Neck**

Department of General Surgery & Medical Education Unit conducted a Guest Lecture on Secondaries Neck on 23.08.2022. Speaker: Dr. Sujay Susikar, Associate Professor, Centre for oncology, Govt. Royapettah Hospital, Chennai





# **Madras Orthopaedics Society Meet**

Department of Orthopaedics & Madras Orthopaedics Society conducted a Meeting on Interesting Case Discussion in Orthopaedics 01.09.2022. What are the orthopedic cases?



Common Orthopedic Disorders, Osteoarthritis. Rheumatoid Arthritis. Treatment for Arthritis. Cubital Tunnel Syndrome. Lateral Epicondylitis (Tennis Elbow) Medial Epicondylitis (Golfer's or Baseball Elbow) Carpal Tunnel Syndrome. Ligament Injuries to the Knee. Torn Meniscus.

#### **Gross Discussion - Breast Grossing**



Department of Pathology & Medical Education Unit conducted a Gross Discussion - Breast Grossing on 01.09.2022. Specimen orientation and education: Seek guidance from a PA at triage and grossing. Before the specimen is manipulated. Present and discuss a course of action for overall specimen assessment, gross description, and block submission. One of the most important aspects

of grossing breast specimens is to correlate what you see to what was seen radiographically. Prior to grossing, always check (1) radiology reports and (2) Epic records.

#### Seminar on Recent Updates in the Therapeutic Management of Autoimmune Disorders



Department of pharmacology & Medical Education Unit conducted Seminar on Recent Updates in the Therapeutic Management of Autoimmune Disorders on 05.09.2022. Anti-inflammatory drugs – to reduce inflammation and pain. corticosteroids – to reduce inflammation. They are sometimes used to treat an acute flare of symptoms.

#### **BALANCE - 2022**

Department of Anaesthesiology, Critical Care and Pain Medicine & Medical Education Unit organized an International Conference & Workshop "Make It Simple" on 10 September 2022.



Session 1"Alleviate Acute Pain"-Approach & Application- Prof. Dr. G.K.Kumar, M.D., D.A., FIPP. FIPM. Government Omandurar Medical College. Session 2: Anaesthetic Considerations For "Awake Craniotomy- Dr. Arulvelan, M.D., DNB, DM (Neuro. Anaesthesiology) Apollo Proton, Chennai. Session 3: Chronic Pain Myth or Real- Dr. Ravi, MD, FEARCS Associate FRCA, Associate FFPMRCA Consultant in Anthesis and Chronic pain management. Session 4: "Enhanced Shock Management" By Focused Cardiac Echo &



Ultrasound - Dr. R. Senthil Kumar, M.D., IDCCM, FICCM, EDIC Senior Consultant, Department of CCM, Apollo Hospitals, Chennai.

#### **BALNUTRICON 2022**

Department of Paediatrics & Medical Education Unit organized a National Conference on "Pediatric Nutrition the Need of The Hour" Let's Celebrate World of Flavors on 12.09.2022. Topics: Malnutrition A silent pandemic-Dr. Kristin Indhumathi, Senior Consultant







Neonatologist and Pediatrician SUT Hospital, Trivandrum, Kerala. Topics: Adolescent Nutrition-nation's pride, Dr. Somasekar R Professor Department of Paediatrics. Topics: JUNCS-



It's Time to Act- Dr. Mallikarjuna H.B Professor of Paediatrics, Oxford Medical college and Hospital, Bengaluru. Topics: Nutrition in critically ill child- Dr. Srinivasan S Medics Registrar, ICH & HC. State NICU Coordinator (Child Health), NRHM. Sugar and Salt in Nutrition-Dr. Dhakshayani MD Associate Professor of Pediatrics, Nagapattinam Medical College and Hospital.

# **Magistrate Lecture -International Speaker**

Department of Microbiology & Medical Education unit Organized Magistrate lecture by International Speaker on 21.09.2022. Topic: Botulinum A - and Tetanus toxins: are they





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potential biological Weapons- Prof. Govindan Dayanithi, PhD. (Research director in CNRS FRANCE MMDN, University Montpellier, EPHE INSERM U1198-FRANCE) & Visiting professor, Research and development wing, SBMCH Chennai India.

# **VOICECON 2022; National Conference on Phonosurgery (Hand on Workshop)**

Department of ENT & Medical Education Unit organized a National Conference & Workshop on Phonosurgery 27.09.2022. Injection Laryngoplasty And Hands on Workshop on Injection Laryngoplasty- Dr. Ragitha Binu Krishnan, Consultant, Department of Laryngology, KIMS Hospital, Trivandrum. Thyroplasty and Hands on Workshop on Thyroplasty- Prof. Dr. Satish Nair, Professor, Senior Consultant, Academic Head (ENT), ENT and Head and Neck Oncology Apollo Hospitals, Bannerghatta Road, Bangalore. Management of Bilateral abductor paralysis-Prof. Dr. M.K. Rajasekar.





#### **Magistrate Lecture -International Speaker**

Department of Physiology & Medical Education Unit Organized Magistrate lecture by International Speaker Theme: "Physiology and Pathophysiology of Astroglia With Some Emphasis on Neurodegenerative Diseases" on 28.09.2022.





#### L-PATH CON 2022

Department of Pathology & Medical Education Unit organized a National Conference on "Current Trends In Extranodal Lymphoma" 28.09.2022. Gastrointestinal Lymphomas- Dr. Usha







Kini, Professor of Pathology, St John's Medical College. Utility of flow cytometry and ancillary studies in Extranodal lymphomas- Dr. Prabhu Mannivanan Associate Professor, Pathology





JIPMER. T Cell Lymphomas- DR. Asma Bibi Consultant, Hematology and Clinical Pathology, Incharge Flow Cytometry unit. Rela Institute and Medical Centre.

#### **International Conference -Edit Invasive to Preinvasive Cancer Cervix**

Department of Obstetrics and Gynaecology and Medical Education Unit organized an International Conference on "Edit Invasive to Preinvasive Cancer Cervix" on 30.09.2022. International speakers: Dr. Jullien Brady Consultant OBG, Lead Clinician for Gynecological





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Oncology and Colposcopy Luton And Dunstable Hospital United Kingdom. Dr. Govindan Dayanithi. CNRS Research Director &Professor Molecular Mechanisms in Neurodegenerative,

Diseases Laboratory University of Montpellier, France. National Speakers: Dr Rashmi Raveendran, MD Pathology Assistant Professor Vels, Medical College And Hospital Tiruvallur, Dr.Annith Kumar V M, MS OG,MRCOG, Fellowship In



Reproductive Medicine Consultant OBG, Sri Kumaran A Specialty Hospital And Fertility Centre Chennai, Dr. Balajitk Md Pediatrics Pediatric Oncology & BMT Cancer Institute, Chennai. Dr Vijayashantit MS CBGFIGO MAS Sri Ramachandra Medical College and Hospital, Chennai.

#### **Extension and Outreach Activities**

# **Nutrition Week Awareness Camp in Padappai**

Nutritional Week Awareness Camp Conducted by Department of Community Medicine at RHTC Padappai on 05-09-2022.





#### Free Medical Camp in Padappai

Free Medical Camp Conducted - Department of Community Medicine RHTC Padappai on 09-09-2022 at Sirumathur





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# Awareness Camp for Deworming Among School Children at Anakaputhur

Awareness Camp for Deworming Among School Children at Sree Ram Primary School, Anakaputhur on 09-09-2022.





# Health Awareness Camp Among School Children at Anakaputhur

School Health Education & Awareness Conducted - Department of Community Medicine, UHTC Anakaputhur on 14-09-22 At Balaji Nursery and Primary School.





# Health Awareness Camp Among School Children at Padappai

School Health Education & Awareness Conducted - Department of Community Medicine, RHTC Padappai On 16-9-22 at Panchayat Union Primary School





# Free Medical Camp in Padappai

Free Medical Camp Conducted -Department of Community Medicine RHTC Padappai on 21-09-2022 at Karanithangal





# **Health Screening Camp at Anakaputhur**

Free Health Screening Camp Conducted -Department of Community Medicine UHTC Anakaputhur on 23-09-2022 At Balaji Garments, Pillayar Koil Street, Anakaputhur.





# **MOU's**

| S.No | Description  |  |
|------|--|--|
| 1    | Southern Railway Head Quarters Hospital, Perambur  |  |
| 2    | National Institute of Ocean Technology (Ministry of Earth Sciences) Government of India - Royal Balaji Hospital, |  |
| 3    | National Institute of Ocean Technology (Ministry of Earth Sciences) Government of India                          |  |

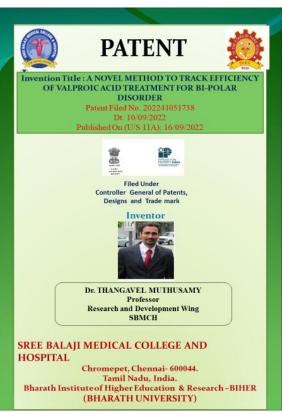


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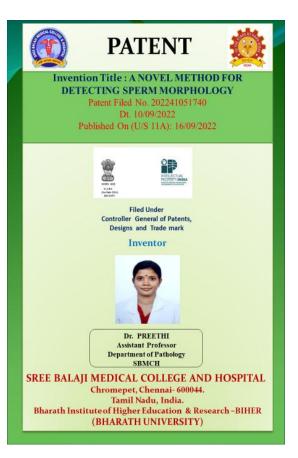
















#### First national conference on Phonosurgery held

The Department of Otorhinolaryngology at Sree Balaji Medical College and Hospital, hosted the first national conference on Phonosurgery, VOICECON 2022. Around 100 doctors and students from all over India participated. It was inaugurated by Prof Dr WMS Johnson, dean, Dr P Sasi Kumar, medical superintendent and Dr R Veerabahu, adviser, Sree Balaji Medical College and Hospital.

#### MAGZTER

Indian Express Chennai - September 28, 2022 Read it digitally on the Magzter app

# Mega mobile medical service programme

Chennai, Aug 26: In commemoration of the

75th anniversary of India's Independence, the Chennai-based Sree Balaji Medical College and Hospital, is College and Hospital, is running a 75-day free mobile medical services program in the city, delivering healthcare services in all specialties at the doorstep of the patients.

A press release said that modelled closely on Tamilnadu government's Makkalai Thedi Maruthuvam, a doorstep healthcare scheme, it is a first-of-its-kind social service initiative from the private sector anywhere in the state.

Talking about the program, Sree Balaji Medical College and Hospital medical director Dr D R Gunasekaran said,"e have launched the program to commemorate the 75th anniversary of the



country's Independence, healthcare will come as a and to demonstrate our boon for them."

commitment to reach the benefits of modern healthcare to the poorest of the poor. Our hospital has been providing treatment to patients from poor socioeconomic backgrounds almost at free of cost or at a highly subsidized price. However, there are patients who find it difficult to travel to our hospital. We hope that the doorstep

In his comments on the free blood sample collection, Dr. G. S. Prabudoss said, "It is for the first time a medical college with over 1500 beds are launching a free doorstep collection of blood samples - that too, at no extra cost to the patients. The idea is to help the patients get the treatment started without



#### இலவச நடமாடும் மருத்துவ சேவை



இந்தியாவின் 75வது சுதந்திரதினத்தை முன்னிட்டு சென்னையை சேர்ந்த ஸ்ரீபாலாஜி மருத்துவக் கல்லூரி மற்றும் மருத்துவடனைன, 75 நாட்கள் இலவச நடமாடும் மருத்துவ சேவை திட்டத்தை தொடங்கியுள்ளது. நோயாளிகளின் நீகளிலிருந்தே அவர்களது இரத்த மாதிரிகளை சேகரிப்பதற்காக ஆண்டு முழுவதும் நடைபெறும் செயல்திட்டத்தையர் இலவச ஆலோசனை ரத்த பரிசோதனைகள் மற்றும் தெய்கிறது. மருத்துவ நிபுணருடன் இலவச ஆலோசனை ரத்த பரிசோதனைகள் மற்றும் மருந்துகள் வினியோகம் ஆதியவை 75 நாட்கள் நடைபெறும். சிடி மற்றும் எம்ஆர்ஐ ஸ்கேனுக்கான கட்டணத்தை தவிர்த்து மருத்துவ மறை 35 நாட்கள் நடைபெறும். சிடி மற்றும் எம்ஆர்ஐ ஸ்கேனுக்கான கட்டணத்தை தவிர்த்து. மருத்துவமனை அமைவிடத்தில் வழங்கப்படும் மேம்பட்ட சிகிச்சைக்கு கூட நோயாளிகள் கட்டணம் எதுவும் செலுத்த வேண்டியதில்லை. இச்செயல்திட்டங்களை இக்கு முமத்தின் ஆலோசகர் டாக்டர் ஆர்.வீரபாகு, மருத்துவ இயக்குனர்டாக்டர் மூ.ஆர்.மு.ஒணசேகரன், தலைமை செயல் அலுவர்பட்டிய நிரைப்பாளர் டாக்டர் மனோகரன், இலவச நடமாடும் மருத்துவ சேவைக்கான பொறுப்புமருத்துவ அதிகாரிடாக்டர் மனோகரன், வறும்பியல் அறுவை சிகிச்சை துறையின் முதுதிவை முனம் செற்குவ புணம் புணர் பருத்துவ முகாம் ஒருங்கிணைப்பாளர் பி.எஸ். ரமேஷ் மற்றும் செலிலியர் பீரேமா ஆகியோர் முன்னிலையில் ஸ்ரீபாலாலி மருத்துவக் கல்லூரி மற்றும் மருத்துவமனையின் டீன்டர் டரின்யூ. எம்.எஸ். ஜான்சன் தொடங்கி வைத்தார். Advt

#### **Appointment's**

| S. No. | Name                             | Designation         | Department       |
|--------|----------------------------------|---------------------|------------------|
| 1      | Dr. Nikhill Murugadass           | Senior Resident     | Radio Diagnosis  |
| 2      | Dr. P Saravanan                  | Assistant Professor | General Surgery  |
| 3      | Dr. V. Sivakumar                 | Associate Professor | Radio-Diagnosis  |
| 4      | Dr. Shiny Thomson                | Senior Resident     | General Medicine |
| 5      | Dr. Shivashankaran.G.B.          | Senior Resident     | Orthopaedics     |
| 6      | Dr. Amirtha Manju Bashini.M.K.S. | ART Medical Officer |                  |

| 7  | Dr. S Sundeep                  | Senior Resident     | General Surgery    |
|----|--------------------------------|---------------------|--------------------|
| 8  | Dr. Veena.V.C                  | Senior Resident     | OBG                |
| 9  | Dr. Kumari Anukriti            | Assistant Professor | OBG                |
| 10 | Dr. Surekha.M.                 | Junior Resident     | General Medicine   |
| 11 | Dr. Peter Ponniah Jesudass .J. | Senior Resident     | Orthopaedics       |
| 12 | Dr. Sumana Bhaskar.N.          | Junior Resident     | General Medicine   |
| 13 | Dr. Alex.J.                    | Junior Resident     | General Medicine   |
| 14 | Dr. Abhilash Nair.B.           | Junior Resident     | General Medicine   |
| 15 | Dr. Kavuru Naga Siri           | Junior Resident     | General Medicine   |
| 16 | Dr. Balaji.S.                  | Senior Resident     | General Surgery    |
| 17 | Dr. J. Mohan Kumar             | Junior Resident     | ENT                |
| 18 | Dr. Karthik.M.                 | Senior Resident     | Orthopaedics       |
| 19 | Dr. Maddila Sai Harish         | Senior Resident     | General Surgery    |
| 20 | Dr. T R Maghenthiran           | Assistant Professor | Emergency Medicine |
| 21 | Dr. Srinidhi.N.                | Senior Resident     | Anaesthesiology    |
| 22 | Dr. Mohammed Jassim.N.         | Senior Resident     | Anaesthesiology    |
| 23 | Dr. Renumaheswari.M.           | Senior Resident     | Paediatrics        |
| 24 | Dr. Pola Govardhan Kumar       | Senior Resident     | General Surgery    |
| 25 | Dr. Vivek Raajan.K.            | Senior Resident     | ENT                |
| 26 | Dr. S Vijaya                   | Professor           | OBG                |
| 27 | Dr. A. Preethika               | Senior Resident     | OBG                |
| 28 | Dr. M A Poornima               | Senior Resident     | Anaesthesiology    |
| 29 | Dr. A Vettri Vignesh           | Senior Resident     | Radiodiagnosis     |
| 30 | Dr.Sathish V L                 | Tutor               | Pharmacology       |
| 31 | Dr. Ashik Ansari K             | Tutor               | Physiology         |
| 32 | Dr.Xavier Ryon Washington R    | Tutor               | Forensic Medicine  |
| 33 | Dr. Sethu Imayan M S           | Tutor               | Biochemistry       |
| 34 | Dr. A. Ramya                   | Tutor               | Anatomy            |
| 35 | Dr.V. Pavithra                 | Tutor               | Pharmacology       |
| 36 | Dr.Naveen                      | Tutor               | Pharmacology       |
| 37 | Dr.Lakshmi Priya               | Tutor               | Pathology          |
| 38 | Dr.S. Srismitha                | Associate Professor | Pathology          |
| 39 | Dr. S. D. Dheepika             | Tutor               | Physiology         |
| 40 | Dr. D. Vaishnavi               | Tutor               | Physiology         |
| 41 | Mrs. Anin G S Queency Stylin   | Tutor               | Biochemistry       |
| 42 | Mrs.Pooja                      | Student Counselor   | 1                  |

# **Promotion's**

| S. No. | Name                 | Department       | <b>Existing Designation</b> | Promoted as         |
|--------|----------------------|------------------|-----------------------------|---------------------|
| 1      | Dr.Ganesh. M.T.      | Orthopaedics     | Senior Resident             | Assistant Professor |
| 2      | Dr. V. Revathi       | Paediatrics      | Senior Resident             | Assistant Professor |
| 3      | Dr. Nasin Usman      | Radio-Diagnosis  | Senior Resident             | Assistant Professor |
| 4      | Dr. S Thrupthi       | ENT              | Senior Resident             | Assistant Professor |
| 5      | Dr. Jigeesha Preethi | Ophthalmology    | Senior Resident             | Assistant Professor |
| 6      | Dr. S Karthikeyan    | General Surgery  | Assistant Professor         | Associate Professor |
| 7      | Dr. M. Arul          | General Surgery  | Senior Resident             | Assistant Professor |
| 8      | Dr. Tilak Ramu       | General Surgery  | Senior Resident             | Assistant Professor |
| 9      | Dr. Karan Kumar Jain | General Surgery  | Senior Resident             | Assistant Professor |
| 10     | Dr. Alex.J.          | General Medicine | Junior Resident             | Senior Resident     |
| 11     | Dr. J. Mohan Kumar   | General Medicine | Junior Resident             | Senior Resident     |
| 12     | Dr. P.M. Aishwarya   | Com. Med.        | Tutor                       | Assistant Professor |

# **List of Publications**

| Author  | Title of the Paper   | Name of the Journal                            |
|---|--|--|
| Logia, P., Theagrajan, A., M.S., R. et al.  | New Formula for Depth of Insertion of Endotracheal Tube in Children: A Prospective Observational Study.  | Indian J Pediatr                               |
| Subramanian, S.; Padmanabhan, S.; Raghuraman, M. S.; Nayak, M. R.   | Anesthetic Management of a Patient With<br>Ebstein's Anomaly for Obstructed Inguinal<br>Hernia   | J Cell Mol Anesth                              |
| Subhashini. P,Evangeline  | Psychological Aspect Of Patient undergoing phlebotomy  | Indian Journal of<br>Community Medicine        |
| Umapathy, V.R.; Natarajan,<br>P.M.; Swamikannu, B.; Moses, J.<br>Jones, S.; Chandran, M.P.;<br>Anbumozhi, M.K. Emerging | Biosensors for Oral Cancer Detection and Diagnosis—A Review Unravelling Their Role in Past and Present Advancements in the Field of Early Diagnosis. | Biosensors                                     |
| M.Ashwin Manikandan, B.<br>Shobana, S. Mary Lilly, J.<br>Thanka.  | Carbimazole -induced atypia - A mimicker of malignancy in fine needle aspiration cytology.   | Indian J Pathol and microbiol                  |
| Krishnagopal V, Krishnakumar<br>Sh, Ramamurthy P,<br>Subramaniam S.   | Splanchnic Nerve Block as a Bridge<br>Therapy in Painful Chronic Pancreatitis During<br>COVID 19 Pandemic: A Case Report.                            | J Cell Mol Anesth.                             |
| Sathish, T., Anton Mary<br>Chandrika.   | Persistence of new-onset diabetes in the post-acute phase of COVID-19. International   | Journal of Diabetes in<br>Developing Countries |
| Manoharan.D, Geo Danny C,<br>Shreya Srinivasan, Sowmya.N.   | Late onset Darier's disease in a genetically predisposed individual- A Case Report.  | Pan Afr Med Jr                                 |
| Sethuraman RM.  | Comment on: "The effect of alfentanil on emergence delirium following general anesthesia in children: a randomized clinical trial".                  | Pediatr Drugs                                  |

| Archana B, D'Cruze L, Nazneen S, Thanka J, Scott JX.                             | Immunohistochemical expression of beta-catenin in hepatoblastoma and its clinical significance.  | J Can Res Ther   |
|--|--|--|
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