

**SREE BALAJI MEDICAL COLLEGE & HOSPITAL  
CHENNAI – 600044**

**Ref. No. SEPTEMBER /PHY/PG JOURNAL CLUB/2025**

**dt: 09.09.2025**

Sub: SBMC&H, Chromepet – PG Journal club on “**Association between obesity and heart rate variability indices; an intuition toward cardiac autonomic alteration - a risk of CVD**” on 10<sup>th</sup> September 2025 (Wednesday) by the Department of Physiology - Reg.

--o0o--

The Department of Physiology and the Medical Education Unit of Sree Balaji Medical College & Hospital are conducting PG Journal club on “**A comparative study of heart rate variability tests and lipid profile in healthy young adult male and female**” as detailed below:

**Topic** : “Association between obesity and heart rate variability indices; an intuition toward cardiac autonomic alteration - a risk of CVD”

**Speaker** : Dr. R. Jagan Kumar

**Co-ordinator** : Dr. D. Sudha

**Time** : 11am - 1 pm

**Date** : 10.09.2025

**Venue** : Demo Hall –I, (1<sup>st</sup> floor – College campus)

All the Faculty are requested to attend the above program and be benefitted by the session.

*P.R. Dhanu*

**PROFESSOR & HOD**

**PROF. & HEAD OF THE DEPARTMENT  
DEPT. OF PHYSIOLOGY  
Sree Balaji Medical College & Hospital  
Chromepet, Chennai-600 044.**