



# SREE BALAJI MEDICAL COLLEGE & HOSPITAL



THE DEPARTMENT OF GENERAL MEDICINE IN ASSOCIATION  
WITH MEDICAL EDUCATION UNIT, SBMCH  
PROUDLY PRESENTS

## INCOM 2025

AN INTERNATIONAL HYBRID CONFERENCE ON  
HYPERTENSION

Don't  
Miss It!



**AUGUST 12<sup>TH</sup> AND 13<sup>TH</sup>**



**9AM TO 4PM**



**T R RAMAN HALL, SBMCH  
CHROMEPET, CHENNAI**

**6 REPUTED SPEAKERS  
ECG WORKSHOP AND QUIZ  
INVIGORATING SCIENTIFIC SESSIONS  
PAPER PRESENTATIONS**

**TNMC CREDIT POINTS AVAILABLE**

**DAY 2 EVENTS WILL BE AVAILABLE IN-PERSON & WILL ALSO BE LIVE-  
STREAMED VIA ZOOM!**



**FOR REGISTRATION: <https://forms.gle/B652Efj6kaQFzfQSG>**



**FOR QUERIES RELATED TO REGISTRATION, CONTACT: Dr.RITHIN- +917036078794  
Dr.MALLIKARJUNA- +917675097320**



# ORGANISING COMMITTEE



**INCOM 2025**

## PATRONS

**DR.S.JAGATHRAKSHAKAN**  
FOUNDER AND CHAIRMAN

**DR.J.SREE NISHA**  
MANAGING TRUSTEE  
SRI LAKSHMI AMMAL EDUCATIONAL TRUST

**ER.ELAMARAN**  
MANAGING DIRECTOR SBMCH

**DR.P.SASIKUMAR**  
DEAN,SBMCH

**DR.R.VEERA BAHU**  
ADVISOR,SBMCH

**DR.D.MANOCHARAN**  
MEDICAL SUPERINTENDENT

**DR.M.R.RENUKA DEVI**  
VICE PRINCIPAL , SBMCH

## ORGANISING JOINT SECRETARY

**DR.UMASHANKAR.,MD**  
ASSOCIATE PROFESSOR  
DEPARTMENT OF GENERAL MEDICINE

## SCIENTIFIC COMMITTEE

**PROF.DR V PADMA.,MD,FRCP,FACP,FIMSA**  
**PROF.DR (BRIG.) K SHANMUGANANDAN.,MD,**  
**DNB,PDF,EULAR CC**  
**PROF.DR.V.RAMACHANDRAN.,MD,DNB**  
**DR.VIKNESH PRABU.,MD**

## TREASURER

**DR.ARVINDRAJ.R.,MD**

## ORGANISING CHAIRMAN

**DR.N.N.ANAND**  
**MD,FRCP,FACP,FIMSA**  
**PROFESSOR & HOD**  
**DEPARTMENT OF GENERAL MEDICINE**

## ORGANISING SECRETARY

**DR.SURESH KANNA.S**  
**MD, FACP**  
**PROFESSOR**  
**DEPARTMENT OF GENERAL MEDICINE**

## SCIENTIFIC SECRETARY

**DR.ARUN.K**  
**MD, MRCP**  
**PROFESSOR**  
**DEPARTMENT OF GENERAL MEDICINE**

## ORGANISING COMMITTEE

**DR.GNANAPRAKASH.,MD**  
**DR.AKITA.,MD**  
**DR.JAYAKARAN.,MD**  
**DR.ABINAYA.,MD**  
**DR.MATHISHA.,MD**  
**DR.RAZOOK.,MD**  
**DR.SAKETH.,MD**  
**DR.AISHWARYA.,MD**

## ADVISORY COMMITTEE

**DR.VINATHA.,DNB**  
**DR.SATHYAPRIYA.,MD**  
**DR.KARTHIKEYA.,MD**  
**DR.ANIS PREETHI.,MD**  
**DR.DIVYA.,MD**  
**DR.ASHWATHY.,MD**  
**DR.KISHORE.,MD**  
**DR.JAGADESH.,MD**  
**DR.SONIPRIYA.,MD**  
**DR.HEMANTH.,MD**  
**DR.VIGNESHVAR.,MD**  
**DR.KEERTHANA.,MD**  
**DR.ARUN KUMAR.,DNB**



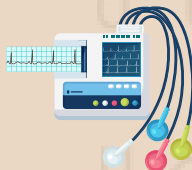
INCOM 2025

# EVENTS

DAY 1



**ADVANCED ECG WORKSHOP: 9AM TO 1PM**



**DR.M.CHENNIAPPAN.,MD,DM,FACC,FACP,FRCP**  
**SENIOR CONSULTANT CARDIOLOGIST**  
**TRICHY**

**LUNCH: 1:00PM TO 2PM**

**WIN THE QUIZ AND  
GET EXCITING PRIZES!**

**ECG QUIZ: 2:00PM TO 4:00PM**



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# EVENTS

## DAY 2



### TOPIC: HYPERTENSION- DEFINITION AND TARGETS

**CHAIRPERSONS:** PROF.DR.JAGAN GAJARAJAN.,MD,DM(CARDIO) & DR.UMASHANKAR.,MD



**SESSION 1: 9AM TO 9:45AM**

**DR.PRABHAKAR.D.,MD,DM**  
**SENIOR INTERVENTIONAL CARDIOLOGIST**  
**APOLLO HOSPITALS, CHENNAI**

### TOPIC: ROLE OF TELEMONITORING AND DIGITAL TOOLS

**CHAIRPERSONS:** PROF.DR.RAMACHANDRAN.,MD,DNB & DR.VIKNESH PRABU.,MD



**SESSION 2: 9:45AM TO 10:30AM (ZOOM SESSION)**

**PROF.DR.GIANFRANCO PARATI.,MD**  
**PROFESSOR OF CARDIOVASCULAR MEDICINE**  
**DEPT OF MEDICINE AND SURGERY**  
**UNIVERSITY OF MILANO BICACCO, ITALY**

**INAUGURATION CEREMONY: 10:30AM TO 11:00AM**



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**TOPIC: SETTING UP A HYPERTENSION CLINIC- NEED OF THE HOUR**

**CHAIRPERSONS:** PROF.DR.N.N.ANAND.,MD,FRCP,MACP,FIMSA &  
PROF.DR.SURESH KANNA.S.,MD,FACP



**SESSION 3: 11AM TO 11:45AM**

**DR.A.MURUGANATHAN.,MD,FRCP,MACP,FICP**  
**SENIOR CONSULTANT PHYSICIAN**  
**TIRUPPUR**

**TOPIC: HYPERTENSION AND OBESITY**

**CHAIRPERSONS:** PROF.DR.K.SHANMUGANANDAN.,MD,DNB,PDF,EULARCC &  
PROF.DR.K.ARUN.,MD,MRCP



**SESSION 4: 11:45AM TO 12:30PM**

**DR.CHANDRASEKAR.,MD**  
**HOD, DEPT OF GENERAL MEDICINE**  
**STANLEY MEDICAL COLLEGE**



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# EVENTS

## DAY 2



### TOPIC: CLINICAL SCENARIOS OF HYPERTENSION

**CHAIRPERSONS:** PROF.DR.EZHILARASI.,MD,DM(NEPHRO) &  
PROF.DR.V.PADMA.,MD,FRCP,FACP,FIMSA



**DR.EDWIN FERNANDO.,MD.DM**  
**HOD, DEPT OF NEPHROLOGY**  
**STANLEY MEDICAL COLLEGE**

**SESSION 5: 12:30PM TO 1:15PM**

**LUNCH: 1:15PM TO 2:00PM**

**WIN THE PRESENTATION AND  
GET EXCITING PRIZES!**

**PAPER PRESENTATION: 2:00PM TO 4:00PM**



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# ABOUT OUR SPEAKERS



**Prof. Dr. Muruganathan, MD, FRCP (GLASG), MACP, FICP** is a renowned physician with decades worth experience in the field of Internal Medicine. He served as the president of Association of Physicians of India (API) from 2012-2013. He has received several awards including the prestigious BC Roy award from president of India in 2005, Best IMA state President and Best Dean appreciation awards from National IMA and the Lifetime achievement Award by TN DR. M.G.R. Medical University in 2011. He has published articles in API medicine update and Post graduate medicine for more than 6 years. Given more than 30 guest lectures and presented academic papers in various national and international scientific forums.



**Prof. Dr. S. Chandrasekar, MD, MHSc (Diab), PGDHSc (Diab), PGDLM, FIMSA, FICP, FICAM, FIDF** is a reputed physician currently serving as the HOD and Professor of the Department of Internal Medicine at Stanley Medical College, Chennai. He has won several awards- "Eminent Teacher" Award by Karnataka Chapter of API & South zone API, "Best Doctor" award for the Meritorious service in 2011 & 2017 to name a few. He has published several articles in both national and international journals. He has served as the Associate Editor of API-Medicine Update -2020, Associate Editor in TAPIJ - Tamilnadu Association Of Physicians Of India Journal since 2019 and has also served as Project Coordinator for the book titled "Handbook of Poisoning management-Primary to Tertiary care".



**Prof. Dr. Edwin Fernando, MD, DM, FRCP (GLASG), FRCP (EDIN)** is an eminent nephrologist of national repute currently serving as HOD of Department of Nephrology at Stanley Medical College, Chennai. He is a member of various eminent organisations including International Society of Nephrology, South Asia Regional Board and Renal Transplantation - Advisory Committee, Govt. of TN. He has been involved in over 2000 renal transplantations till date and has performed 1000 Hemodialysis for COVID patients. He served as the principal investigator in the CREDENCE & DAPA-CKD trials and had been awarded the "Best Researcher" award by The TN Dr. MGR Medical University in 2023. He has over 118 publications in reputed indexed journals and serves as a reviewer for many scientific journals.



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# ABOUT OUR SPEAKERS



Dr. M. Chenniappan is a renowned Cardiologist in Trichy. He is honored as National Professor of IMA - CGP & Honorary Director of Medical Education, Apollo Specialty Hospital, Trichy. He was awarded the "Best Doctor Award" 2011 by Dr. M.G.R. Medical University among several awards. He has published more than 40 papers in various National Journals. He has presented many papers in National and International Conferences. He has authored several books such as "ECG as Poor man Coronary Angiogram" and "Practical tips in Cardiology". He is the founder of ECG & ECHO CLUB, where he educates various doctors across Tamil Nadu about Cardiology.



Dr. D. Prabhakar, MD, DM (Cardio) serves as senior consultant preventive interventional cardiologist at Apollo group of Hospitals and Mehta's Hospitals, Chennai. He is a Fellow of ACC and Indian Society of Hypertension. He is the co-author of Expert Consensus Statements on - LAI Dyslipidemia Management -Part I, II and III, & IV, Indian Society of Hypertension - Guidelines 2023. He has more than hundred publications in national and international journals and has done several presentations in conferences. Primary Investigator and Lead of the Heart Failure Registry of Tamilnadu for the ACERT group. First Author of six papers presented at the 9th World Hypertension Congress 2025.



Prof. Gianfranco Parati served as Professor in Internal Medicine at the Faculty of Medicine and Surgery of the University of Milan-Bicocca from 2006 up to 2011, and is the Medical Director of the Cardiology Division of S. Luca Hospital, Istituto Auxologico Italiano, Institute for Treatment and Research (IRCCS), Milan and is the Coordinator of the Cardiology Research Laboratory of Istituto Auxologico Italiano.

He is also currently the Coordinator of the Study Group for Blood Pressure Monitoring of the Italian Society of Arterial Hypertension. He is a member of numerous national and international scientific societies including the American Heart Association for which he also serves in the editorial board.





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# PAPER PRESENTATION

- **TOPICS RELATED TO HYPERTENSION WILL BE ACCEPTED**
- **SCAN THE QR CODE FOR RULES OF THE ABSTRACT**
- **EMAIL THE ABSTRACT TO- [INCOMSBMCH2025@gmail.com](mailto:INCOMSBMCH2025@gmail.com)**
- **TOP 5 ABSTRACTS WILL BE SELECTED FOR PRESENTATION**
- **ALL ABSTRACTS WILL BE ACCEPTED TILL- AUGUST 8TH**



## PAPER PRESENTATION QUERIES

**Dr.Rohan**  
**PH NO- +919611619116**  
**Dr.Deepak**  
**PH NO- +919342720726**

## REGISTRATION QUERIES

**Dr.Rithin**  
**PH NO- +917036078794**  
**Dr.Mallikarjuna**  
**PH NO- +917675097320**

# REGISTRATION

DELEGATES	REGISTRATION FEE	ECG WORKSHOP
UNDERGRADUATE/CRR	700Rs	750Rs
POST-GRADUATE/FACULTY	1200Rs	

## PAYMENT DETAILS:

**CANARA BANK ACCOUNT NO:6807101000546**  
**(Name :Sree Balaji Medical College and Hospital)**  
**IFSC CODE :CNRB0006807**

**REGISTRATION LINK:** FOR PGs/FACULTY: <https://forms.gle/B652Efj6kaQFzfQS6>  
FOR UGs/INTERNS: <https://forms.gle/RPt45Jtt3ojZ7EMy7>

**ECG WORKSHOP LINK:** <https://docs.google.com/forms/d/e/1FAIpOLScijDECxMSSZi2E170i3eE7nrs-lqRJ0040ttZwhyU38BnLg/viewform?usp=header>

**LAST DATE FOR  
REGISTRATION-  
AUGUST 10TH**

**FOR ZOOM ATTENDEES,  
LINK WILL BE SENT ON  
AUGUST 13<sup>TH</sup> MORNING  
VIA EMAIL**