



## SREE BALAJI MEDICAL COLLEGE AND HOSPITAL DEPARTMENT OF COMMUNITY MEDICINE

## **SEMINAR ON "URBAN HEALTH"**

**Date:** 18.08.2025

**Time:** 3.00 PM

Venue: Lecture Hall 2, SBMCH

**Speaker:** Dr. Oveyaa A.E., 1st Year Postgraduate

Guide: Dr. Lakshmi, Professor, Department of Community Medicine

The session lasted for a span of one hour, beginning with ,Dr . Oveyaa, who explained the definition of an urban area and outlined the determinants that distinguish it from rural regions. The discussions highlighted how urbanization, while improving access to healthcare and infrastructure, also contributes to environmental pollution, occupational hazards, and the double burden of diseases, with non-communicable and communicable conditions coexisting. Special emphasis was given to health inequities in urban slums, where overcrowding, poor sanitation, and limited healthcare access worsen health outcomes. The seminar concluded by stressing the importance of strengthening primary healthcare, intersectoral collaboration, and adopting innovative strategies to ensure sustainable and equitable urban health.

The session ended with few questions and doubts asked to the presenter.





