



SREE BALAJI MEDICAL COLLEGE AND HOSPITAL
DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: PANAIYUR, PADAPPAI

DATE: 19/08/2025

TIME: 9 AM TO 01:00 PM

TOTAL BENEFICIARIES: 47

Registration for the participants were done. All the participants underwent clinical examination, for advice regarding their health status was given. Out of 47 participants 13 were referred to Sree Balaji medical college and Hospital for further evaluation.

Screening for diabetes and hypertension were done. Diabetes was screened by CBG and advised respectively. BP was recorded using BP apparatus, height and weight-BMI calculated and advised for regular follow up. Dietary advice was given for diabetes & hypertensive patients. Awareness on personal hygiene, anemia, self care for Diabetes and Hypertension were explained

Lifestyle modification, low salt diet, diabetic diet, regular walking for 45 mins/day, avoid junk foods and oil rich foods were given to the patients: explained the preventive measures to prevent the non-communicable diseases for the future generation

Health awareness Team

1.	Dr. Gowtham S (PG)
2.	Deepika (CRMI)
3.	Jayashree (CRMI)
4.	Giftson Daniel (CRMI)
5.	Khaviya (CRMI)
6.	Divya K (CRMI)
7.	Dhyana S (CRMI)

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COMMUNITY MEDICINE DEPARTMENT, SBMCH**





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