

SREE BALAJI MEDICAL COLLEGE & HOSPITAL
CHENNAI – 600044

Ref. No. OCTOBER /PHY/PG JOURNAL CLUB/2025

dt: 13.10.2025

Sub: SBMC&H, Chromepet – PG Journal club on “**Moderate intensity exercise improves heart rate variability in obese adults with type - 2diabetes**” on 14th October 2025 (Tuesday) by the Department of Physiology - Reg.

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The Department of Physiology and the Medical Education Unit of Sree Balaji Medical College & Hospital are conducting PG Journal club on “**Moderate intensity exercise improves heart rate variability in obese adults with type - 2diabetes**” as detailed below:

Topic : “Moderate intensity exercise improves heart rate variability in obese adults with type - 2 diabetes”

Speaker : Dr. R. Jagan Kumar

Co-ordinator : Dr. D. Sudha

Time : 2 – 4 pm

Date : 14.10.2025

Venue : Demo Hall –I, (1st floor – College campus)

All the Faculty are requested to attend the above program and be benefitted by the session.


PROFESSOR & HOD

PROF. & HEAD OF THE DEPARTMENT
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