

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL



DEPARTMENT OF COMMUNITY MEDICINE

FREE MEDICAL CAMP

VENUE: Thavasipillai Caterers, Gerugampakkam

DATE: 26.03.26

TIME: 9.30 to 1.00 pm

TOTAL BENEFICIARIES: 82

Registrations of participants were completed prior to the commencement of the camp. All participants underwent a detailed clinical examination, and appropriate advice regarding their health status was provided.

The camp was conducted in collaboration with Lions Club of Chennai Roses at the premises of Thavasipillai Caterers,

Gerugampakkam among the working population, in a well-organized and convenient environment.

A total of 82 participants attended the camp, out of which 11 individuals were referred to Sree Balaji Medical College and Hospital for further evaluation and management.

Screening for non-communicable diseases, specifically diabetes and hypertension, was carried out:

- Diabetes screening was done using Capillary Blood Glucose (CBG), and participants were advised accordingly.
- Blood pressure was measured using a BP apparatus, and those identified with elevated readings were advised for regular follow-up.

Participants were also provided with dietary counselling, emphasizing:

- Inclusion of fiber-rich foods in the diet
- Importance of a balanced and healthy diet

For elderly participants, advice on limb elevation was given to improve blood circulation.

Additionally, health education was delivered to the gathered participants regarding:

- Prevention and control of non-communicable diseases (NCDs)
- Awareness and Prevention of Dengue fever given
- Effects of environmental pollution on health

HEALTH AWARENESS TEAM

- 1.Dr. Ramya J PG
- 2.Dr. Tamilmathi CRMI
- 3.Dr. Suryavani CRMI
- 4.Dr. Thanish CRMI
- 5.Dr. Sree Varshan CRMI
- 6.Dr. Sudhan CRMI
- 7.Dr. Sowmiya CRMI









Chennai, Tamil Nadu, India
Vishalakshi Nagar, Gerugambakkam, Chennai, Tamil Nadu
600128, India
Lat 13.003250, Long 80.135619
Thursday, 26/03/2026 01:06 PM GMT+05:30
Note : Captured by GPS Map Camera