

Date: 29.04.2026

Seminar

Topic:

**central cord syndrome
clinical features and its management**

Time:

12.30 PM – 01.30 PM

Venue:


Audio Visual Room, 2nd floor Library, College Block, SBMCH

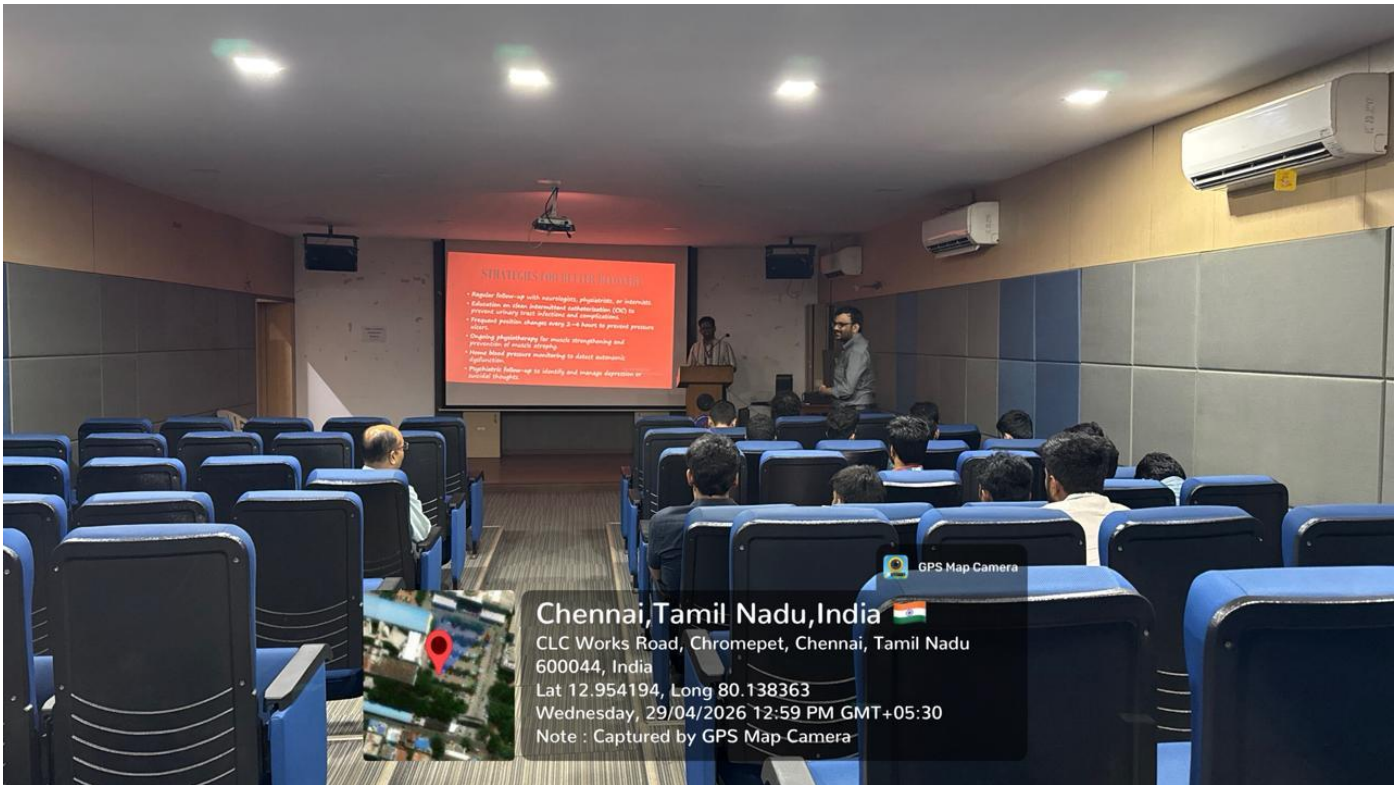
Speaker Details:


Dr. Khadke Manish Avinash, Final Year PG, Ortho, SBMCH

Dr. Shafaiyaz M, 2nd Year PG, Ortho, SBMCH



Chennai, Tamil Nadu, India 
CLC Works Road, Chromepet, Chennai, Tamil Nadu
600044, India
Lat 12.954162, Long 80.138555
Wednesday, 29/04/2026 12:59 PM GMT+05:30
Note : Captured by GPS Map Camera



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CLC Works Road, Chromepet, Chennai, Tamil Nadu
600044, India
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STRATEGIES FOR BIPOLAR DISORDER

- Regular follow-up with psychiatrists, physicians, or therapists.
- Education on illness (symptoms, medications) (DS) to prevent relapse from medication and symptoms.
- Regular problem-solving every 2-4 hours to prevent relapse.
- Regular monitoring for mood changes and prevention of mood swings.
- Regular monitoring to identify and manage depression or mania symptoms.