



SREE BALAJI MEDICAL COLLEGE AND HOSPITAL
DEPARTMENT OF GENERAL MEDICINE
IN ASSOCIATION WITH MEDICAL
EDUCATION UNIT



MATCOMED 2026

**OBESITY AND LIPIDS: FROM
PATHOPHYSIOLOGY TO PRECISION
THERAPEUTICS**

A NATIONAL HYBRID CONFERENCE ON OBESITY

APRIL 4TH, 2026

T R RAMAN HALL, SBMCH
CHROMEPET, CHENNAI

TNMC CREDIT POINTS AVAILABLE

4 REPUTED SPEAKERS
E-POSTER PRESENTATIONS



NATCOMED 2026



PATRONS

DR.S.JAGATHRAKSHAKAN
FOUNDER AND CHAIRMAN

DR J SREE NISHA
MANAGING TRUSTEE
SREE LAKSHMI TRUST

ER ELAMARAN
MANAGING DIRECTOR SBMCH

DR .P. SASIKUMAR
DEAN,SBMCH

DR R. VEERA BAHU
ADVISOR,SBMCH

DR D MANOHARAN
MEDICAL SUPERINTENDENT

DR RENUKA DEVI
VICE PRINCIPAL , SBMCH

ORGANISING CHAIRMAN
PROF DR N.N ANAND
MD,FRCP,FACP,FIMSA
HOD,DEPARTMENT OF GENERAL MEDICINE

ORGANISING SECRETARY
PROF DR V PADMA
MD,FRCP,FACP,FIMSA
DEPARTMENT OF GENERAL MEDICINE

ORGANISING JOINT SECRETARY
PROF DR ARUN K.,MD,DNB,MRCP
DR VIKNESH PRABHU.,MD,MRCP

SCIENTIFIC CHAIRMAN
PROF DR SURESH KANNA S
MD,FACP,FDM,EULAR

TREASURER
DR MATHISHA.,MD

ACADEMIC CO ORDINATOR
DR ARVINDRAJ R.,MD,FDM

SCIENTIFIC CO ORDINATOR
DR ANIS PREETHI.,MD

SCIENTIFIC COMMITTEE
PROF DR SHANMUGANANDAN
MD,DNB,PDF,EULARCC
PROF DR V RAMACHANDRAN.,DNB
DR UMASHANKAR.,MD

ADVISORY COMMITTEE
DR JAYAKARAN.,MD,DNB
DR ABINAYA.,MD
Dr SONIPRIYA.,MD
Dr SAI KISHORE.,MD
Dr VINDHYA.,MD



NATCOMED 2026



SESSIONS

SPEAKERS

CHAIRPERSONS

<p>PATHOPHYSIOLOGY OF OBESITY AND LIPID METABOLISM 9:00AM-10:00AM</p>	 DR P.R DEVAKI	<p>DR V RAMACHANDRAN Professor, Dept of General Medicine SBMCH</p> <p>Dr.T.S.MEENA HOD, Dept of Obstetrics & Gynaecology SBMCH</p>
---	--	--

INAUGURATION - 10:00AM-10:30AM

<p>FROM STATINS TO STRATEGY: EVOLVING LIPID CARE IN 2026 10:30AM-11:30AM</p>	 DR NARASINGAN	<p>DR N.N ANAND HOD, Dept of General Medicine SBMCH.</p> <p>DR.CHANDRASEKAR.,MD HOD, Dept of General Medicine Stanley Medical College</p>
<p>BEYOND LIFESTYLE: PHARMACOLOGICAL STRATEGIES FOR OBESITY MANAGEMENT 11:30AM-12:30PM</p>	 DR SETHURAMASHANKARAN	<p>DR V PADMA Professor, Dept of General Medicine SBMCH</p> <p>DR K SHANMUGANANDAN Professor, Dept of General Medicine SBMCH</p>
<p>THE OBESITY-DYSLIPIDEMIA AXIS: IMPLICATIONS FOR CARDIOVASCULAR PREVENTION 12:30PM-1:30PM</p>	 DR S.S.DARIYA	<p>DR SURESH KANNA S Professor, Dept of General Medicine SBMCH</p> <p>DR UMASHANKAR.,MD Associate Prof, Dept of General Medicine SBMCH</p>



LUNCH
1:30PM-2:00PM



POSTER PRESENTATION AND PRIZE DISTRIBUTION
2:00PM-4:00PM



NATCOMED 2026



SPEAKERS



Dr P.R. Devaki.,MD

Dr. P.R. Devaki is a distinguished Academician and Medical Educator currently serving as Professor and Head of the Department of Physiology at Sree Balaji Medical College and Hospital, Chennai . With over 15 years of Undergraduate and 10 years of Postgraduate Teaching Experience, she has made significant contributions to Medical education, Research, and curriculum development. She has guided numerous Undergraduate and Postgraduate Research Projects and Dissertations, and has actively participated in Medical Education Programs, serving as NAAC coordinator and MEU coordinator. Dr. Devaki has an impressive Research Portfolio with multiple National and International Publications and Conference presentations, particularly in Cardiovascular Physiology and Autonomic function. Her work has been widely recognized with several prestigious awards, including the Best Paper Award (Faculty) at APTCON 2010, Second Best Paper and Poster Awards at APTCON conferences, and the Dr. Leela Krishnamoorthy Memorial Award. She has also received Best Poster awards at VINBASIX and other academic Forums. Her dedication to Teaching Excellence, Research Innovation, and Academic Leadership highlights her significant contributions to the field of Physiology.



Dr S.N. Narasingan, MD., FRCP(E&G),FICP,FCCP(USA)

Dr.S.N. Narasingan, MD., FRCP(E&G), is a globally recognized authority in cardiovascular medicine, currently serving as the Vice President of the World Hypertension League (WHL) and Vice Chairman of the Lipid Association of India (LAI). As the Medical Director of Armora Heart Care, Chennai, he has authored over 77 scientific articles and led the development of national clinical guidelines for lipid management in India. His career is defined by prestigious honors, including the WHL Presidential Award for hosting the 2025 World Hypertension Congress and multiple Lifetime Achievement Awards from the Indian Society of Hypertension and The Tamil Nadu Dr. M.G.R. Medical University. A celebrated educator, he also holds the Master Teacher Award from the Indian College of Physicians, marking his legacy as a premier leader in medical academia and clinical practice.



NATCOMED 2026



SPEAKERS



Dr A. Sethuramashankaran

MBBS, SCOPE Certified Expert (World Obesity Federation)

Dr. A. Sethuramashankaran is a distinguished Diabetologist and Bariatric Physician with over 25 years of clinical excellence in Chennai. A 2026 Diabetes India Fellow, he holds advanced postgraduate credentials from the University of South Wales and Cardiff University, UK, alongside specialized training at Heartlands Hospital, Birmingham. Dr. Sethu's career is marked by significant contributions to public health, including pioneering gestational diabetes research with the World Diabetes Foundation and serving on advisory boards for leading global pharmaceutical organizations. A published author and active member of RSSDI and the European Association for the Study of Diabetes, he currently leads specialized care at Lakshmi Diabetic Centre, focusing on his core passions: hyperglycemia in pregnancy and adult weight management.



Dr S.S. Dariya

MD, FICP, FACP, FRCP(G), FRCP(L), FIACM, FDI, FCSI, PGDGM

Associate Professor, Department of Medicine, NIMS & R Jaipur

Dr. Dariya is a distinguished physician and academic leader serving on the National API Governing Body since 2022, with key leadership roles as Treasurer of Rajasthan and Jaipur API and National Secretary of ACP India Chapter. A five-time recipient of prestigious ACP Governor Awards, he has been honored with the Dr. M Chenna Reddy Gold Medal and Diabetes Excellence Award. Currently serving as Editor for the Monograph on Diabetic Foot Disease in India (2025) and Organizing Secretary for the ACP India Chapter National Conference (September 2025, Jaipur), Dr. Dariya has contributed over 40 publications to medical literature and is an esteemed member of leading national and international medical associations including ACP, AACE, ADA, and IDF.



E-POSTER



**We are accepting topics related to obesity
FROM REGISTERED DELEGATES**

**KINDLY SCAN QR CODE FOR TEMPLATE AND E-MAIL THE
E-POSTER.**

EMAIL ID- natcomed35@gmail.com

ALL E-POSTERS ARE ACCEPTED TILL 28 MARCH 2026

TOP 5 E POSTERS WILL BE SELECTED FOR PRESENTATION AT CONFERENCE

E POSTER QUERIES

DR GURUCHARAN

PH NO- +91 8754054128

DR ANKATAGARI DINESH

PH NO - +91 9390242921



REGISTRATION

DR SATWICK

PH NO- +91 7671808285

DR RAHUL DRAVID

PH NO- +91 9677599311

TO REGISTER: ₹1000

CANARA BANK ACCOUNT NO:68071D1000546

(NAME :SREE BALAJI MEDICAL COLLEGE AND HOSPITAL)

IFSC CODE :CNRB0006807

**KINDLY TRANSFER THE FEE AND SUBMIT YOUR UPI TRANSACTION ALONG WITH YOUR DETAILS IN
THE REGISTRATION LINK BELOW**

<https://docs.google.com/forms/d/e/1FAIpQLScnjaWCHNL7eJdfksl-dBkRfhfuRy2c4JKSSLFptwshgxRjQg/viewform>