



# BHARATH INSTITUTE OF HIGHER EDUCATION & RESEARCH SREE BALAJI MEDICAL COLLEGE & HOSPITAL Chromepet - Chennai.



Department of Anatomy & Medical Education Unit

Cordially Invite You for the

**National Hybrid Conference**

**ANERGO - 2026**

**Anatomy of Ergonomics**

On

**17th July 2026**

**Venue - Lecture Hall - 1 - College Block**

**TNMC  
Credit Points  
Applied**

**Objectives  
of the  
Conference**

Ergonomics is the science of designing workstations to fit the human body's anatomical capabilities, aiming to ensure proper working heights and workspace clearance. The primary focus is preventing work-related musculoskeletal disorders, like carpal tunnel and back strain by eliminating static loads, excessive pressure points, and awkward positions, promoting neutral posture, where muscles and nerves are least strained and supported by the skeleton.



Anatomy  
of  
Ergonomics



Session - 1  
Anatomical Basis of  
Ergonomics: Bridging Structure  
and Function



Dr. Kafeel Hussain,  
Professor & HOD of Anatomy,  
Bhaarath Medical College,  
Selaiyur.

Session - 2  
Kinesiology and Ergonomics:  
Movement Efficiency and Injury  
Prevention



Dr. Jibu George Varghese ,  
Principal,  
Sri Ramachandra Faculty of  
Sports & Excercise Science,  
Porur, Chennai.

Session - 3  
Biomechanics of Posture: From  
Spine to  
Extremities



Dr. Vigneshwara Badikillaya,  
Consultant Orthopedic Spine  
Surgeon.  
Apollo Hospital, Chennai.

# ANERGO - 2026

Anatomy of Ergonomics

*Program Schedule*

Venue : Lecture Hall -1

17 :07:2026



## Registration fee :

Offline Registration,  
UG Students - Rs. 250  
PG Students - Rs.350  
Faculty - Rs. 500

Online Registration,  
Students - Rs. 200  
Faculty - Rs. 200

For Info - Contact  
9840393889

Click  
to  
Register

8.00 - 9.00 AM	Registration
9.00 - 10.00 AM	Student Corner
10.00 - 10.30 AM	Inauguration
10.30 - 11.30 AM	Session 1 - Anatomical Basis of Ergonomics: Bridging Structure and Function.
11.30 - 12.30 AM	Session 2 - Kinesiology and Ergonomics: Movement Efficiency and Injury Prevention.
12.30 - 1.30 AM	Lunch
1.30 - 2.30 AM	Session 3 - Biomechanics of Posture: From Spine to Extremities.
2.30 - 3.30 AM	Valedictory

Link for Registration : <https://forms.gle/FGWDyqGnaCaFkpkB6>

## ORGANISING COMMITTEE



**CHIEF PATRON**  
**Dr. S. JAGATHRAKSHAGAN,**  
**FOUNDER CHANCELLOR,**  
**BIHER.**



**PATRONS**  
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**CHAIRPERSON.**



**Er.N. ELAMARAN,**  
**MANAGING DIRECTOR.**

**ORGANIZING CHAIRMAN**  
**Dr. P. SASIKUMAR,**  
**DEAN.**



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**Dr. D. MANOHARAN,**  
**MEDICAL SUPERINTENDENT.**



**Dr. M. R. RENUKA DEVI,**  
**VICE PRINCIPAL.**

**ADVISOR**  
**DR. VEERABAHU.**



### ORGANISING SECRETARY

**Dr. DURGA DEVI .G,**  
**HOD OF ANATOMY &**  
**MEU**  
**COORDINATOR.**



## ORGANISING TEAM

### PROFESSORS

**Dr . Kavimani . M**  
**Dr . Archana . R**  
**Dr . Jayakumari . S**  
**Dr . Rahe . R**  
**Dr . Krishnaveni . S**  
**Dr . Mary Antony Praba**  
**Dr . Sreelekha . D**

### ASSOCIATE PROFESSORS

**Dr. Prabhu . K**  
**Dr. Jinu Merlin Koshy**

### POSTGRADUATES

**Dr. Benilsha . J. E**  
**Dr. Ida Success. D**  
**Dr. Karthick**

### ASSISTANT PROFESSOR

**Dr. Thenaruvi. N**  
**TUTORS**  
**Dr. Yazhini Chozhan. A**  
**Dr. Nizamdeen**  
**Dr. Shiny Shandonex**  
**Dr. Sathish Kumar**  
**Dr. Priyanka**  
**Dr. Nandhini Kannan**