



BALAJI HERALD

(A News letter of)

Sree Balaji Medical College and Hospital

Chrompet, Chennai, Tamil Nadu, India



Vol 13

July - 2026

Issue No. 7



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International Conference | National Conference | CME'S
Guest lectures | Workshop | Awards | Patents

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MESSAGE FROM THE EDITOR

Dear Readers,

We are delighted to present the Seventh Edition of the SBMCH Herald, celebrating another remarkable chapter in our institution's journey of academic excellence, innovation, and professional growth. This edition reflects our unwavering commitment to fostering a vibrant learning environment while nurturing a strong sense of community. We also extend a warm welcome to our newly inducted residents, faculty members, and staff, whose expertise and enthusiasm enrich our academic family.

SBMCH continues to thrive as a center of excellence in medical education, research, and healthcare. Over the past few months, our institution has successfully hosted numerous conferences, workshops, and Continuing Medical Education (CME) programs that have promoted knowledge exchange, interdisciplinary collaboration, and lifelong learning.

This edition also highlights the remarkable research contributions of our faculty members, including an increasing number of publications in reputed journals and innovative patents. These accomplishments underscore our institution's dedication to advancing scientific knowledge, encouraging innovation, and maintaining the highest standards of academic excellence.

More than a chronicle of events and achievements, the SBMCH Herald reflects the collective passion, perseverance, and collaborative spirit that define our institution. As you turn these pages, we hope you find inspiration in the accomplishments of our students, faculty, and staff, and gain a deeper appreciation of the shared vision that continues to propel SBMCH toward greater heights of excellence.

Editorial Committee

DOCTORS DAY CELEBRATION

National Doctors' Day is celebrated in our institution on July 1st to honor the birth and death anniversary of the legendary physician Dr. Bidhan Chandra Roy. The day recognizes the tireless service of medical professionals and inspires medical students. Dean highlights the legacy of Dr. Bidhan Chandra Roy. Guest Lectures: Speeches by invited chief medical guests Dr. R. Ravi – Expert Gastroenterologist in Chennai | Apollo Specialist Hospitals, Teynampet.



GUEST LECTURE

Department of Respiratory Medicine Conducted Guest Lecture on Sleep medicine in pulmonary practice on 01-07-2026 delivered by Dr. Sirmila Withana.

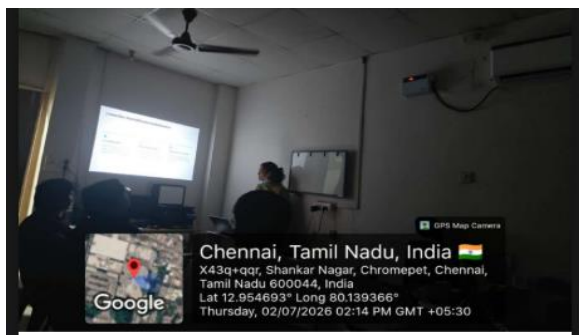


SEMINAR

Department of Pathology Conducted Seminar Urine Cytology and Automation in Urine Cytology on 01-07-2026 Presented by Dr. Klinton



Department of Respiratory Medicine Conducted Seminar Oxygen delivery devices on 02-07-2026 Presented by Dr. Swetha



Department of Orthopedics Conducted Guest Lecture on Shoulder Arthroplasty on 09-07-2026 delivered by Dr Ram Chidambaram, Consultant Orthopaedic Surgeon



Department of Orthopaedics Conducted Seminar Patellar Tendon Bearing Prosthesis on 01-01-07-2026 Presented by Dr. Suraj Sunderraj Joseph, Dr. Manesh Sagar G



Department of Respiratory Medicine
Conducted Seminar case presentation (COPD)
on 03-07-2026 Presented by Dr. Akshaya



Department of General Medicine
Conducted Seminar ECG of the week -
Digoxin on 06-07-2026 Presented by
Dr.Nimisha ranjani



Department of Microbiology Conducted
Seminar Introduction to Parasitology &
Protozoology on 07-07-2026 Presented by Dr.
Ram Kumar, Dr. Nila



Department of Pharmacology Conducted
Seminar Adverse Drug Reactions on 07-
07-2026 Presented by Dr. G. Mrithika



Department of General Medicine Conducted
Seminar on Recent Updates 08-07-2026
Presented by Dr.Mounika.V



Department of Orthopaedics Conducted
Seminar Classification, Clinical Features
And Management Of Lisfranc's Fracture
Dislocation on 08-07-2026 Presented by
Dr. Ashin Khan, Dr. Sai Praneeth S



Department of Respiratory Medicine
Conducted Seminar seminar, Troubleshooting
in Mechanical Ventilation on 08-07-2026
Presented by Dr. Shivam



Department of General Medicine
Conducted Seminar image of the week -
Multiple Sclerosis on 09-07-2026
Presented by Dr.Usha Kiran Aluru



Department of Pharmacology Conducted
Seminar Pharmacotherapy of drugs used for
Bronchial Asthma with recent advances” on
09-07-2026 Presented by Dr. Srinidhi



Department of Psychiatry Conducted
Seminar Basal Ganglia / Behavioral
Addiction on 13-07-2026 Presented by Dr.
Isha



Department of General Medicine Conducted
Seminar interesting ca se of the week -
Takatasu Arteritis on 13-07-2026 Presented by
Dr.Soundharya,



Department of General Medicine
Conducted CME "Biostatistics -Data
Types And Choosing The Right Statistical
Test" on 01-07-2026 Presented by
Dr. Sheethal Srenigarajan



Department of Orthopaedics Conducted Seminar Monteggia Equivalents, Discuss The Principles Of Management Of Monteggia Fracture Dislocation In Children on 15-07-2026 Presented by Dr. Akileshwar S



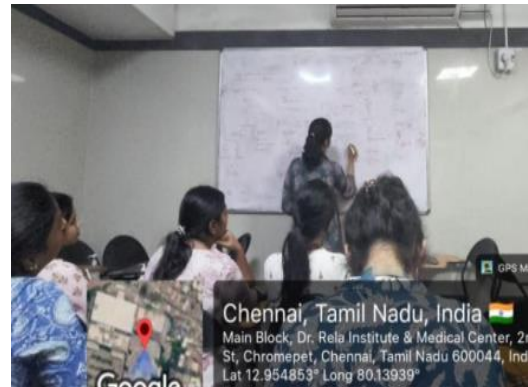
Department of Physiology Conducted Seminar "Gastric secretion" on 18-07-2026 Presented by Dr. P. Karthika



Department of General Medicine Conducted Seminar on ECG of the week -Brugada Syndrome on 20-07-2026 Presented by Dr. Arun Solanki



Department of DVL Conducted Seminar ALBINISM on 16-07-2026 Presented by Dr. Sajida



Department of General Medicine Conducted Seminar Image of The Week - PDR with neovascularisation of disc on 16-07-2026 Presented by Dr. Ajay Devaraj



Department of Community Medicine Conducted Seminar Seminar- Investigation Of An Epidemic on 20-07-2026 Presented by Dr. V. Prithvi Rajan



Department of Orthopaedics Conducted Seminar on Osteofibrous Dysplasia 22-07-2026 Presented by Dr. Shantanu Kumar



Department of General Medicine Conducted Seminar on Recent Updates 23-07-2026 Presented by Dr. Praveen



Department of General Medicine Conducted Seminar on ECG OF THE WEEK - Junctional rhythm 27-07-2026 Presented by Dr. Ankatagari Dinesh



Department of Pathology Conducted Seminar on WHO Classification Of Tumors Of Uterine Corpus 29-07-2026 Presented by Dr. Annapoorani



Department of General Medicine Conducted Seminar on Image of the week -Pituitary macroadenoma 29-07-2026 Presented by Dr. Rishabh Dev Shukla



Department of Orthopaedics Conducted Seminar on Indications & Various Techniques For Shoulder Arthrodesis 29-07-2026 Presented by Dr. Khadke Manish Avinash



SYMPOSIUM

Department of Orthopaedics Conducted Symposium on Metallosis on 06-07-2026 Presented by Dr. Shantanu Kumar.

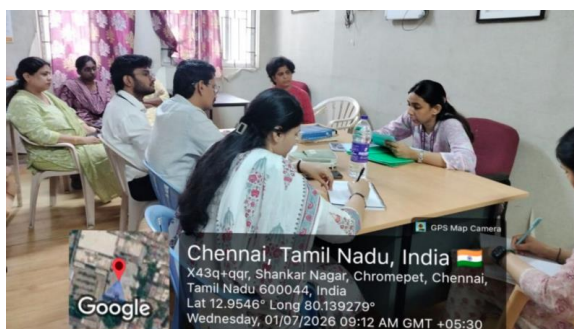


Department of Orthopaedics Conducted Symposium on Techniques of plaster application for upper and lower limbs on 18-07-2026 Presented by PG's



CLINICAL DISCUSSION

Department of Psychiatry Conducted Clinical Discussion on Clinical Case Conference on 01-07-2026 Presented by Dr. Nivethaa



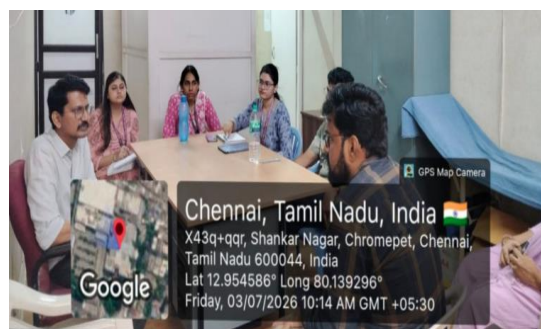
Department of Orthopaedics Conducted Symposium on Motor neuron disease on 13-07-2026 Presented by Dr. Akileshwar S



Department of Orthopaedics Conducted Symposium on Recurrent shoulder dislocation on 27-07-2026 Presented by Dr. Ranjith M G.



Department of Psychiatry Conducted Clinical Discussion on Psychosomatic case conference on 03-07-2026 Presented by Dr. Amit.



Department of Orthopaedics Conducted Clinical Discussion on Case Presentation on 07-07-2026 Presented by PG's



Department of Psychiatry Conducted Clinical Discussion on Clinical Case Conference on 08-07-2026 Presented by Dr. Amit



Department of Orthopaedics Conducted Clinical Discussion on Case Presentation on 09-07-2026 Presented by PG's



Department of Orthopaedics Conducted Clinical Discussion on Case Presentation on 14-07-2026 Presented by PG's



Department of Psychiatry Conducted Clinical Discussion on Clinical Case Conference on 15-07-2026 Presented by Dr. Rajnandini.



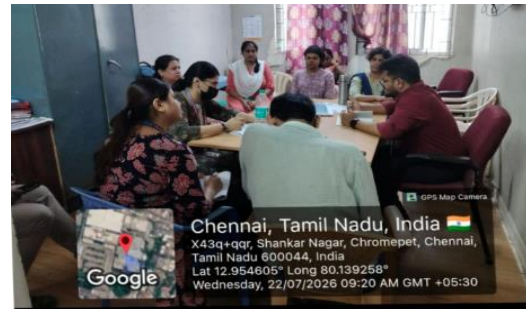
Department of Orthopaedics Conducted Clinical Discussion on Case Presentation on 17-07-2026 Presented by PG's



Department of Orthopaedics Conducted Clinical Discussion on Case Presentation on 20-07-2026 Presented by PG's



Department of Psychiatry Conducted Clinical Discussion on Clinical Case Conference on 22-07-2026 Presented by Dr. Deepan.



Department of Orthopaedics Conducted Clinical Discussion on Case Presentation on 28-07-2026 Presented by PG's



Department of Orthopaedics Conducted Clinical Discussion on Case Presentation on 30-07-2026 Presented by PG's

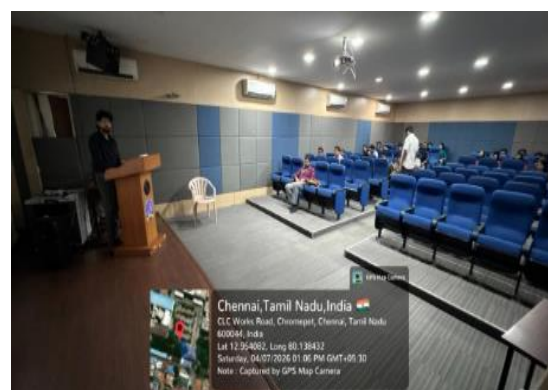


JOURNAL CLUB

Department of General Medicine Conducted Journal Club on “journal club-Initiation of Pregabalin vs Gabapentin and development of heart failure” on 02-07-2026 Presented by Dr. Sreeniddhi.



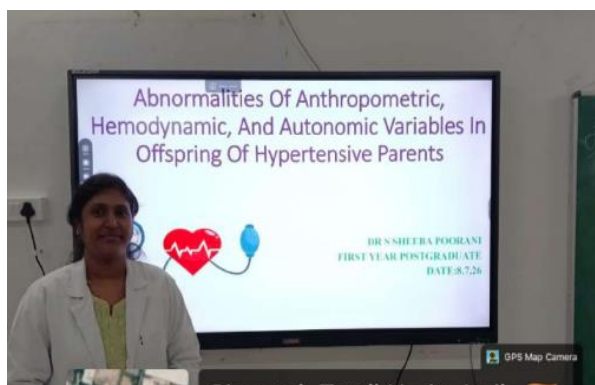
Department of Orthopaedics Conducted Journal Club on “A Single-Reamer Technique is an Effective Strategy for Acetabular Preparation in Primary Total Hip Arthroplasty Catelyn



Department of DVL Conducted Journal Club on “Pathogenesis of Androgenetic Alopecia” on 07-07-2026 Presented by Dr. Shamy S BHAT.



Department of Physiology Conducted Journal Club on “Abnormalities of anthropometric, hemodynamic, and autonomic variable in offspring of hypertensive parents” on 08-07-2026 Presented by Dr. S. Sheeba Poorani.



Department of DVL Conducted Journal Club on “A Step-By-Step Approach Towards A Multimodal Combination Therapy” on 14-07-2026 Presented by Dr. Rithika mukkarwar.



Dept of Respiratory Medicine Conducted Journal Club on “Recent ARDS trials” on 07-07-2026 Presented by Dr. Tanmay



Department of Microbiology Conducted Journal Club on “Characterization of Acinetobacter baumannii – calcoaceticus complex isolates and microbiological outcome for patients treated with sulbactam – durlobactam in a phase.” on 10-07-2026 Presented by Dr. Riidhy.



Department of Physiology Conducted Journal Club on “A study on pulmonary function test in petrolpump workers in kanchipuram population” on 15-07-2026 Presented by Dr. A. ARUN.



Department of Pharmacology Conducted Journal Club on “Efficacy And Safety Of Nitrofurantoin And Fosfomycin In Uti” on 16-07-2026 Presented by Dr.K.S.Kaviyavarshini



Department of General Medicine Conducted Journal Club on “Efficacy and safety of baxdrosrat for hypertension” on 30-07-2026 Presented by Dr. Sheik Arshad Ali.



On behalf of Scientific Tamil Mandram of Sree Balaji Medical College and Hospital Trilingual Nano Seminar was conducted on 13-07-2026 at Hippocrates Hall., Dr. Semmal Mustafa, Founder of Internationally Applied Tamil Team was the Chief Guest. Two team of students participated. Team of II MBBS students 1. Shanjay – Tamil, 2. Harshitha – Hindi, 3. Rohith kumar – English, Topic- Proton Pump Inhibitors. Team of I



MBBS students, 1.Niroshini - Tamil , 2. Poorna – English, 3. Gauree Pawar - Marathi, Topic – Alcoholic Liver Disease, Members of the Tamil Mandram attended the seminar, Dr.V.S.Kalai Selvi appreciated all the students, Dr. Semmal Mustafa mentioned that all the 22 Indian Languages are equally important and learning the subjects in everyones own language will help for better understanding of the subject and stimulate them to have a wide knowledge.



OUTREACH ACTIVITIES

Orphanaged People Welfare Camp at Pallikaranai on 09-07-2026



General Public Camp at Durgai Amman Kovil, Chromepet on 10-07-2026



Medical Camp at Anakaputhur on 10-07-2026



Free Medical Camp at Anakaputhur on 10-07-2026



Free Medical Camp at Athanur on 07-07-2026



Migrant Workers Welfare Camp on 14-07-2026 at Velachery



Migrant Workers Welfare Camp on 15-07-2026 at, Pudhupakkam



Free Medical Camp at Iyyappanthangal on 16-07-2026



General Public Camp on 17-07-20 at Chromepet



General Public Camp on 18-07-20 at Pammal



Dexa Bone scan camp on 20-07-2026 at SBMCH



Migrant Camp on 21-07-2026 at Kovilancheri



पेटेंट कार्यालय, भारत सरकार The Patent Office, Government Of India		पेटेंट प्रमाण पत्र Patent Certificate (लेट्टे निपायावली का नियम 74) (Rule 74 of The Patents Rules)	
पेटेंट नं. / Patent No.	: 596706	पेटेंट नं. / Patent No.	: 597296
आवेदन नं. / Application No.	: 202241004975	आवेदन नं. / Application No.	: 202341055753
फाईल करने की तारीख / Date of Filing	: 29/01/2022	फाईल करने की तारीख / Date of Filing	: 21/08/2023
पेटेंटी / Patentee	: SREE BALAJI MEDICAL COLLEGE & HOSPITAL	पेटेंटी / Patentee	: SREE BALAJI MEDICAL COLLEGE AND HOSPITAL
प्रमाणित किया जाता है कि पेटेंटी को, उपरोक्त आवेदन में बयायकारित A PROCESS OF EXTRACTION OF M CINNAMIC ACID FROM RESIN OF BOMBAX CEIBA नामक आविष्कार के लिए, पेटेंट अधिनियम, 1970 के उपबंधों के अनुसार आज तारीख जूनवरी 2022 के उपनवीस विन से सैत शरबी की अवधि के लिए पेटेंट अनुदान किए गए हैं। It is hereby certified that a patent has been granted to the patentee for an invention entitled A PROCESS OF EXTRACTION OF M CINNAMIC ACID FROM RESIN OF BOMBAX CEIBA as disclosed in the above mentioned application for the term of 20 years from the 29th day of January 2022 in accordance with the provisions of the Patents Act, 1970.		प्रमाणित किया जाता है कि पेटेंटी को, उपरोक्त आवेदन में बयायकारित A PROCESS OF PREPARATION OF ANTICHOLINESTERASE ACTIVITY EXHIBITING UNIFIED BORNEOL AND TRYPTOPHAN DRUG नामक आविष्कार के लिए, पेटेंट अधिनियम, 1970 के उपबंधों के अनुसार आज तारीख अगस्त 2023 के इक्कीसवीं दिन से सैत शरबी के लिए पेटेंट अनुदान किए गए हैं। It is hereby certified that a patent has been granted to the patentee for an invention entitled A PROCESS OF PREPARATION OF ANTICHOLINESTERASE ACTIVITY EXHIBITING UNIFIED BORNEOL AND TRYPTOPHAN DRUG as disclosed in the above mentioned application for the term of 20 years from the 21st day of August 2023 in accordance with the provisions of the Patents Act, 1970.	
 Controller of Patents		 Controller of Patents	
अनुदान की तारीख : 24/07/2026 Date of Grant : 24/07/2026		अनुदान की तारीख : 29/07/2026 Date of Grant : 29/07/2026	
नोट - इस पेटेंट के संवर्धन के लिए योग्य, यदि इसे बनाए रखा जाए तो, जूनवरी 2024 तक उपनवीस दिन को और उसके पचास प्रतिशत तक से जोड़े दिए जा सकेंगे। Note - The fees for renewal of this patent, if it is to be maintained, will fall / has fallen due on 29th day of January 2024 and on the same day in every year thereafter.		नोट - इस पेटेंट के संवर्धन के लिए योग्य, यदि इसे बनाए रखा जाए तो, अगस्त 2025 के इक्कीसवीं दिन को और उसके पचास प्रतिशत तक से जोड़े दिए जा सकेंगे। Note - The fees for renewal of this patent, if it is to be maintained, will fall / has fallen due on 21st day of August 2025 and on the same day in every year thereafter.	

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UPCOMMIN EVENT'S

36TH ANNUAL CONFERENCE OF THE INDIAN SOCIETY OF HYPERTENSION

InSH
Indian Society of Hypertension

InSH BP CON 2026

REDEFINING HYPERTENSION CARE:
PREVENTION, PRECISION AND PRACTICE

PREVENT EARLY
PRECISION IN CARE
PRACTICE EXCELLENCE

JULY 31 – AUGUST 2, 2026
SREE BALAJI MEDICAL COLLEGE & HOSPITAL
CHENNAI

TOGETHER TOWARDS A
HEART HEALTHY
TOMORROW!

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DEPARTMENT OF ORTHOPAEDICS

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Current Concepts and Hands-on
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isar INDIAN SOCIETY OF ASSISTED REPRODUCTION & TAPISAR- TAMIL NADU & PONDICHERRY CHAPTER OF ISAR

NATIONAL CONFERENCE

Genovia

Beginning of the journey into reproductive science
(Guiding Every Next-Gen Gyn in Ovulation, Vision, Infertility & ART)

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SREE BALAJI MEDICAL COLLEGE & HOSPITAL

DEPARTMENT OF BIOCHEMISTRY & MEDICAL EDUCATION UNIT

PROUDLY PRESENTS
NATIONAL CONFERENCE (HYBRID)

DISCON(CAVE)
2026

SREE BALAJI MEDICAL COLLEGE & HOSPITAL
DEPARTMENT OF RADIO-DIAGNOSIS

THORAX 360
International Conference on Chest Imaging

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Chrompet, Chennai, Tamil Nadu, India

